



TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220
Anchored in Faith. Serving Our Neighbor. Singing God's Praise.

*Mission: To be a caring and diverse community of people who know and share
the love of God through Jesus Christ.*

The Eleventh Sunday after Pentecost August 9, 2026

www.trinityalameda.org
Rev. Jill Ross, Interim Pastor- revjillross@gmail.com

Elijah finds the presence of God not in earthquake, wind, or fire, but in the sound of sheer silence. When the disciples face a great storm on the sea, they cry out with fear. Jesus says: "Take heart, it is I; do not be afraid." Amid the storms of life, we gather to seek the calm presence of Christ that soothes our fears. In comforting words of scripture and in the refreshing bread and cup of the eucharist, God grants us peace and sends us forth to be a sign of God's presence to others.

WELCOME TO TRINITY LUTHERAN CHURCH. *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

You are embraced as an expression of the diversity and beauty of the creation God has given us. We invite you to join us in our commitment to being an anti-racist, LGBTQIA+ embracing, community- loving congregation.

You are welcome here!

*The presence of children is a gift to the church and a reminder that our congregation is growing.
Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.*

✠ THE SERVICE ✠

↓ ANNOUNCEMENTS

Parents/caregivers of children who are six or younger are welcome to take their children to the children's room during the worship service for childcare. If you are new or visiting Trinity, please see a greeter who will show you where the children's room is located. You are welcome to bring them back for a blessing during communion or pick them up at the conclusion of worship.

↓ PRELUDE

✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

↑ CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, whose compassion endures forever. **Amen.**

Let us confess our sin to God.

Silence is kept for reflection.

Compassionate God,
we confess to you all our sins. Our burden is heavy, and we cannot free ourselves. In your mercy, call us back to you. Your yoke is easy and your burden is light. Restore us to dwell in your peace. In Christ's name we pray, Amen.

Jesus says, "Come to me, all you who are weary and are carrying heavy burdens, and I will give you rest." In the name of God, Father, ✠ Son, and Holy Spirit, your sins are forgiven. Rest in God's love. **Amen.**

↓ HYMN

Now the Silence

#460

*Now the silence
Now the peace
Now the empty hands uplifted
Now the kneeling
Now the plea
Now the Father's arms in welcome

Now the hearing
Now the pow'r
Now the vessel brimmed for pouring
Now the body
Now the blood
Now the joyful celebration*

Now the wedding

Now the songs

Now the heart forgiven leaping

Now the Spirit's visitation

Now the Son's epiphany

Now the Father's blessing

Now

Now

Now

Text: Jaroslav J. Vajda, b. 1919
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↑ GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

↑ CANTICLE OF PRAISE

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1. Glory be to God in heaven; peace, good-will to all the earth. Mighty God of all creation, Father of surpassing worth; we exalt you, we adore you, we lift high our thanks and praise. Saints and angels bow before you; here on earth our songs we raise.

2. Glory be to Christ forever, Lamb of God and Lord of love. Son of God and gracious Savior, you have come from heav'n above; on the cross you died to save us; now you reign at God's right hand. Hear our prayer; restore, forgive us; in your promise firm we stand.

3. Holy One we now acclaim you; Lord alone to you we call; Holy One in faith we name you, God most high, yet near to all: Jesus Christ, with God the Spirit, in the Father's splendor bright. For the peace that we inherit, glory be to God on high!

↑ PRAYER OF THE DAY

Let us pray. O God our defender, **storms rage around and within us and cause us to be afraid. Rescue your people from despair, deliver your sons and daughters from fear, and preserve us in the faith of your Son, Jesus Christ, our Savior and Lord. Amen.**

✠ WORD ✠

↓ FIRST READING

1 Kings 19:9-18

⁹ At [Horeb, the mount of God,][Elijah] came to a cave and spent the night there.

Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" ¹⁰ He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

¹¹ He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind, and after the wind an earthquake, but the LORD was not in the earthquake, ¹² and after the earthquake a fire, but the LORD was not in the fire, and after the fire a sound of sheer silence. ¹³ When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" ¹⁴ He answered, "I have been very zealous for the LORD, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

¹⁵ Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram.

¹⁶ Also you shall anoint Jehu son of Nimshi as king over Israel, and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place.

¹⁷ Whoever escapes from the sword of Hazael, Jehu shall kill, and whoever escapes from the sword of Jehu, Elisha shall kill. ¹⁸ Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Word of God, Word of Life. **Thanks be to God.**

↓ Psalm 85:8-13 (read responsively)

⁸ I will listen to what the LORD God is saying; for you speak peace to your faithful people and to those who turn their hearts to you.

⁹ **Truly, your salvation is very near to those who fear you, that your glory may dwell in our land.**

¹⁰ Steadfast love and faithfulness have met together; righteousness and peace have kissed each other.

¹¹ **Faithfulness shall spring up from the earth, and righteousness shall look down from heaven.**

¹² The LORD will indeed grant prosperity, and our land will yield its increase.

¹³ **Righteousness shall go before the LORD and shall prepare for God a pathway.**

↓ SECOND READING

Romans 10:5-15

⁵ Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." ⁶ But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?' " (that is, to bring Christ down) ⁷ "or 'Who will descend into the abyss?' " (that is, to bring Christ up from the dead). ⁸ But what does it say?

"The word is near you,
in your mouth and in your heart"
(that is, the word of faith that we proclaim),

⁹ because if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰ For one believes with the heart, leading to righteousness, and one confesses with the mouth, leading to salvation.

¹¹ The scripture says, "No one who believes in him will be put to shame." ¹² For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³ For "everyone who calls on the name of the Lord shall be saved."

¹⁴ But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him?

¹⁵ And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

Word of God, Word of Life. **Thanks be to God.**

↑ GOSPEL ACCLAMATION

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Alleluia. Lord and Savior; open now your saving word.

Let it burn like fire within us; speak until our hearts are stirred.

Alleluia! Lord, we sing for the good news that you bring.

↑GOSPEL

Matthew 14:22-33

The Holy Gospel according to St. Matthew, the 14th chapter.
Glory to you, O Lord.-

²² [Jesus] made the disciples get into a boat and go on ahead to the other side [of the Sea of Galilee,] while he dismissed the crowds. ²³ And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, ²⁴ but by this time the boat, battered by the waves, was far from the land, for the wind was against them. ²⁵ And early in the morning he came walking toward them on the sea. ²⁶ But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. ²⁷ But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid."

²⁸ Peter answered him, "Lord, if it is you, command me to come to you on the water." ²⁹ He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. ³⁰ But when he noticed the strong wind, he became frightened, and, beginning to sink, he cried out, "Lord, save me!" ³¹ Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" ³² When they got into the boat, the wind ceased. ³³ And those in the boat worshiped him, saying, "Truly you are the Son of God."

This is the Gospel of the Lord.

Praise to you, O Christ.

↓SERMON

↓SPECIAL MUSIC

Jean Abbe, autoharp

Let This Mind Be In Us

by Robert Wunderlich and Paul Malte

↑ APOSTLES' CREED

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Let us profess our faith in the words of the Apostles' Creed.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;

he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF INTERCESSION

(The congregation is encouraged to take the position which is most prayerful to you.)

You may choose to sit or stand as you are comfortable.

With bold trust in God's unfailing provision, we pray for the church, those in need, and all of God's creation.

A brief silence.

We pray for the servants of your gospel in every place, that your word may be heard. Where your voice is scorned and your people persecuted, strengthen the church in its faithful witness. Merciful God, **receive our prayer.**

For this world you have created, that all life may flourish. Preserve biodiversity in all its variety and help ecosystems to survive the extremes of a changing climate. Move our hearts with compassion to join in this work. Merciful God, **receive our prayer.**

For leaders of towns, states, nations, and organizations, and all who are in positions of authority, that they lead with justice and integrity. Teach us to respond with Christlike mercy to all who are afraid or in danger. Merciful God, **receive our prayer.**

For all who struggle amid the storms of life, that they find peace and hope in your loving presence. Comfort any who are lonely and grieving and all who suffer, especially *the family of Krista LaBel, the family and loved ones of David Wentz, Paul Meola, Laura Meola, Starr Brown, Chuck Willow, Lily, Sister Pat Nagle, Bonnie Levo, Elizabeth Madaras, Lyla Hanson, Dennis Assid, Julianne Pew, Tracie Rasmussen, Harry Olsen, Jose Hernandez, Tanas and his parents, Henry G., Paul M., Sonya, Michelle Koka, Nevi Zabilski, Ann Kenyon, Ginny Parsons, Lou O'Connell, Ryan Simpson, Peter Dow, Jane McDermott, Mary Goglio, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Tricia, Nancy Stich, Patricia Runo, Michael Rasmussen, Kate Ganschow, Michael Lamb, Maddy Pearce, and Dorothy Wingire.* Merciful God, **receive our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, Trinity's Call Committee, the priesthood of all believers, Alameda Christian Reformed Church, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. We give thanks for the fullness of the life of William Norboe as he celebrates his birthday this week. Merciful God, **receive our prayer.**

For this congregation and its ministries, that they reflect your love and life amid a turbulent world. Guide council members, elders, and other church leaders with your still, calm voice. Merciful God, **receive our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

A moment is offered for prayers from the congregation

We give thanks for the faithful who have gone before us. Guide us in our earthly journey, that we may one day join them in your eternal kingdom. Merciful God, **receive our prayer.**

Receive our prayers and answer, O God, as you have promised. All this we ask in the name of your Son, Jesus Christ our Lord. **Amen.**

✠ MEAL ✠

↑ SHARING THE PEACE

The peace of the Lord be with you always.
And also with you.

↓ OFFERING

↑ GREAT THANKSGIVING

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The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

↑ PREFACE FOR THE DAY

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

↑ HOLY, HOLY, HOLY

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Holy, holy, holy Lord, God of power and might, heav'n and earth are full of your glory.

Hosanna, in the highest.

Bless-ed is he who comes in the name of the Lord.

Ho-sanna in the high-est, ho-sanna in the high-est.

↑ JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

↑ LORD'S PRAYER

You are invited to pray in the version or language of your choice.

Our father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

↓ INVITATION TO COMMUNION

Heaven has come near. Come, share in the feast!
Thanks be to God!

↓ DISTRIBUTION

All are welcome to receive Holy Communion.

*The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

O Lamb of God, you bear the sin of all the world away; you suffered death our lives to save: have mercy now, we pray.

O Lamb of God, you bear the sin of all the world away; you set us free from guilt and grave: have mercy now, we pray.

O Lamb of God, you bear the sin of all the world away; eternal peace with God you made: give us your peace, we pray.

↑ POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ, strengthen you and give you peace.
Amen.

↑ PRAYER AFTER COMMUNION

Let us pray. Compassionate God, through the gifts of bread and wine our hearts are filled with the abundance of your love. Strengthen us that we, through this holy meal, may share your love freely, as you have shared with us. We ask this in the name of Jesus, through the Spirit nourishing us now and forever. Amen.

↑ BLESSING

↑ HYMN *Eternal Father, Strong to Save*
#756 vs. 1,2,4

1 *Eternal Father, strong to save,
whose arm has bound the restless wave,
who bade the mighty ocean deep
its own appointed limits keep:
oh, hear us when we cry to thee
for those in peril on the sea.*

2 *O Savior, whose almighty word
the winds and waves submissive heard,
who walked upon the foaming deep,
and calm amid the storm didst sleep:
oh, hear us when we cry to thee
for those in peril on the sea.*

4 *O Trinity of love and pow'r,
all trav'lers guard in danger's hour
from rock and tempest, fire and foe,
protect them wheresoe'er they go;
thus evermore shall rise to thee
glad hymns and praise from land and sea.*

Text: William Whiting, 1825-1878, alt.

↓ DISMISSAL

Heaven has come near. Go, share the good news!
Thanks be to God.

↑ POSTLUDE

THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 49

IMPORTANT DATES THIS WEEK:

Mon 8/10 *Dine & Connect hosted at Trinity*
9:30am Craft Group
Wed 8/12 7:30am Early Morning Bible Study (meets on Zoom)
10:00am Women's Bible Study
Sun 8/16 9:30am Worship

TRINITY WELCOMES OUR GUEST MUSICIAN Ami Nashimoto this morning while Yuri is away on vacation.

MARK YOUR CALENDARS! OUR ANNUAL OKTOBERFEST DINNER will take place on Saturday, September 5th at 4pm. Please see the sign-up sheet in the church entryway to reserve your spot and share the flier with anyone you think might be interested in joining the fun!

SUNDAY MORNING FLOWERS In the church entryway there is a sign-up sheet for Sunday morning worship. If you would like to bring flowers for the altar, please sign-up for a Sunday and if there is a dedication you would like placed in the bulletin please note that on the sign-up sheet. Your flowers should come arranged and in a vessel. You will see the flower stand near the altar, or you can check in with Mary Kay or Pastor Jill about where to place them.

2026 GOD'S WORK. OUR HANDS. KITS This year the Mission & Service Committee would like to complete a different kit for Lutheran World Relief (LWR). We'll be compiling baby kits on September 13th after worship. Our goal is to make at least 25 kits, and we need your help! Please look for the shopping list and instructions from LWR beginning next Sunday. We'll be collecting items through August 22nd. In addition to the baby kits, we will also be compiling dinner-in-a-bag kits for our Blessing Box and for distribution at Dine & Connect dinner nights. More information on what food items we need for these kits will be available soon.

We currently have: 4 of 50 sleeper gowns; 3 of 50 receiving blankets; 18 of 50 pairs of socks; 8 of 25 hand towels; 8 of 50 bars of soap. Please see the insert in your bulletin to see if you would like to contribute one of the needed items on the list.

Please note: onesie t-shirts can not be provided, nothing with snaps at the bottom or footed pajamas. If you donated the cute onesies with snaps at the bottom, please see Jessica.

COFFEE HOUR NEEDS SOME HOSTS- Please see the sign-up sheet in the entryway if you would like to sign up.

HAPPY BIRTHDAY!

William Norboe (8/13)

Assisting in Worship

Assisting Minister: Demeter Lamb

Reader: Kaye Fitzsimons

Greeters: John Kofranek & Marilyn Ohm-Smith

Children's Attendant: Karol Luque

Coffee Hour:

Altar Guild: Joanne Robinson

Assisting in Worship 8/16

Assisting Minister: John Kofranek

Reader: Mary James

Greeters: Kristin Moeller & Gunther Hofmann

Children's Attendant: Kaye Fitzsimons

Coffee Hour: Marvera Kline

Altar Guild: Marvera Kline

Next week's lessons:

Isaiah 56:1, 6-8

Psalms 67

Romans 11:1-2a, 29-32

Matthew 15:10-28