



TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220
Anchored in Faith. Serving Our Neighbor. Singing God's Praise.

Mission: To be a caring and diverse community of people who know and share the love of God through Jesus Christ.

Thirteenth Sunday after Pentecost August 18, 2024

www.trinityalameda.org
Rev. Stephanie Johnson, Pastor (510) 846-0883

Wisdom prepares a feast, sets her table, and invites all to come and eat her bread and drink her wine. The first chapter of John's gospel owes much to the biblical tradition that imagined Wisdom as existing before anything was created and having a role in the work of creation. Christ, the wisdom of God (1 Cor. 1:24), today invites us to eat his flesh and drink his blood. John's gospel includes no account of the institution of the Lord's supper, but here we can't help hearing Jesus' words as an invitation to the meal of bread and wine we share.

WELCOME TO TRINITY LUTHERAN CHURCH. *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

You are embraced as an expression of the diversity and beauty of the creation God has given us.

You are welcome here!

*The presence of children is a gift to the church and a reminder that our congregation is growing.
Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.*

✠ THE SERVICE ✠

↓ ANNOUNCEMENTS

↓ PRELUDE *We Come to the Hungry Feast*

Tune: *Hungry Feast*, Ray Makeever, b. 1943

Arr. Mark Sedio, b. 1954

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✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

↑ CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, the God of manna, the God of miracles, the God of mercy.

Amen.

Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

God, our provider,

help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live.

We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life. **Amen.**

↓ HYMN *Earth and All Stars!* #731 vs. 1, 4, 5

**1 Earth and all stars! Loud rushing planets!
Sing to the Lord a new song!
Hail, wind, and rain! Loud blowing snowstorm!
Sing to the Lord a new song! Refrain**

Refrain

**God has done marvelous things.
I too sing praises with a new song!**

**4 Classrooms and labs! Loud boiling test tubes!
Sing to the Lord a new song!
Athlete and band! Loud cheering people!
Sing to the Lord a new song! Refrain**

**5 Knowledge and truth! Loud sounding wisdom!
Sing to the Lord a new song!**

Daughter and son! Loud praying members!

Sing to the Lord a new song! Refrain

Text: Herbert F. Brokering, b. 1926

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↑ GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

↑ KYRIE

Page 193

In peace, let us pray to the lord.

Lord, have mercy.

For the peace from above, and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

For this holy house, and for all who offer their worship and praise, let us pray to the Lord.

Lord, have mercy.

Help, save, comfort, and defend us, gracious Lord.

Amen.

↑ HYMN OF PRAISE

Page 196-197

This is the feast of vic-to-ry for our God.

Al-le-lu-ia, al-le-lu-ia.

1. Wor-thy is Christ, the Lamb who was slain, whose blood set us free to be peo-ple of God. Pow-er, rich-es, wis-dom, and strength, and hon-or, bless-ing, and glo-ry are his. (refrain)

2. Sing with all the peo-ple of God, and join in the hymn of all cre-a-tion; Bless-ing, hon-or, glo-ry, and might be to God and the Lamb for-ev-er. A-men.

This is the feast of vic-to-ry for our God, for the Lamb who was slain has be-gun his reign.

Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

↑ PRAYER OF THE DAY

Let us pray. Ever-loving God, your Son gives himself as living bread for the life of the world. Fill us with such a knowledge of his presence that we may be strengthened and sustained by his risen life to serve you continually, through Jesus Christ, our Savior and Lord. **Amen.**

✠ WORD ✠

↓FIRST READING

Proverbs 9:1-6

- ¹Wisdom has built her house,
she has hewn her seven pillars.
²She has slaughtered her animals, she has mixed her
wine, she has also set her table.
³She has sent out her servant-girls, she calls
from the highest places in the town,
⁴"You that are simple, turn in here!"
To those without sense she says,
⁵"Come, eat of my bread
and drink of the wine I have mixed.
⁶Lay aside immaturity, and live,
and walk in the way of insight."

Word of God, Word of Life. **Thanks be to God.**

↓Psalm 34:9-14

- ⁹Fear the LORD, you saints of the LORD,
for those who fear the LORD lack nothing.
¹⁰**The lions are in want and suffer hunger, but
those who seek the LORD lack nothing that is
good.**
¹¹Come, children, and listen to me;
I will teach you reverence for the LORD.
¹²**Who among you takes pleasure in life
and desires long life to enjoy prosperity?**
¹³Keep your tongue from evil
and your lips from lying words.
¹⁴**Turn from evil and do good;
seek peace and pursue it.**

↓SECOND READING

Ephesians 5:15-20

¹⁵Be careful then how you live, not as unwise people
but as wise, ¹⁶making the most of the time, because
the days are evil. ¹⁷So do not be foolish, but
understand what the will of the Lord is. ¹⁸Do not get
drunk with wine, for that is debauchery; but be
filled with the Spirit, ¹⁹as you sing psalms and hymns
and spiritual songs among yourselves, singing and
making melody to the Lord in your hearts, ²⁰giving
thanks to God the Father at all times and for
everything in the name of our Lord Jesus Christ.

Word of God, Word of Life. **Thanks be to God.**

↑GOSPEL ACCLAMATION

Page 198

**Alleluia, alleluia. Alleluia, alleluia.
Lord, to whom shall we go?
You have the words of eternal life.
Alleluia, alleluia. Alleluia, alleluia.**

↑GOSPEL

John 6:51-58

The Holy Gospel according to St. John the 6th
chapter.

Glory to you, O Lord..

[Jesus said,] ⁵¹"I am the living bread that came down
from heaven. Whoever eats of this bread will live
forever; and the bread that I will give for the life of
the world is my flesh."

⁵²The Jews then disputed among themselves,
saying, "How can this man give us his flesh to eat?"
⁵³So Jesus said to them, "Very truly, I tell you, unless
you eat the flesh of the Son of Man and drink his
blood, you have no life in you. ⁵⁴Those who eat my
flesh and drink my blood have eternal life, and I will
raise them up on the last day; ⁵⁵for my flesh is true
food and my blood is true drink. ⁵⁶Those who eat my
flesh and drink my blood abide in me, and I in them.
⁵⁷Just as the living Father sent me, and I live because
of the Father, so whoever eats me will live because
of me. ⁵⁸This is the bread that came down from
heaven, not like that which your ancestors ate, and
they died. But the one who eats this bread will live
forever."

This is the Gospel of the Lord.
Praise to you, O Christ.

↓SERMON

↑HYMN *By Your Hand You Feed Your People* #469

- 1** *By your hand you feed your people,
food of angels, heaven's bread.
For these gifts we did not labor,
by your grace have we been fed:*

Refrain

*Christ's own body, blessed and broken,
cup o'er flowing, life outpoured,
given as a living token
of your world redeemed, restored.*

- 2** *In this meal we taste your sweetness,
bread for hunger, wine of peace.
Holy word and holy wisdom
satisfy our deepest needs. Refrain*

- 3** *Send us now with faith and courage
to the hungry, lost, bereaved.
In our living and our dying,
we become what we receive: Refrain*

Text: Susan R. Briehl, b. 1952 Text © 2002 GIA Publications, Inc., Chicago, IL
by OCP Publications, Portland OR

↑ APOSTLES' CREED

p. 105

Let us profess our faith in the words of the Apostles' Creed.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;

he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

↑ PRAYERS OF INTERCESSION

(The congregation is encouraged to take the position which is most prayerful to you.)

You may choose to sit or stand as you are comfortable.

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

A brief silence.

Wisdom has built her house. May the church be a house of wisdom for all who enter. May we continue to grow and stretch in ways we never thought possible. Merciful God, **receive our prayer.**

Wisdom has mixed her wine. May the harvest seasons be plentiful this year. We pray for orchards, vineyards, farms, and all of creation. Protect and conserve the earth. Merciful God, **receive our prayer.**

Wisdom has employed her laborers. Be with all who seek adequate employment. Guide our economic and governmental leaders to support the people of our world with fair wages and safe working conditions. Merciful God, **receive our prayer.**

Wisdom has invited her guests. Make your presence known to all who feel lost, abandoned, or hurting at this time. Direct your spirit of care to all who seek healing and comfort, especially *Nevi Zabilski, Saemi Ladue, Brian Schoenrock, Ginny Ostergren, Chuck Bangert, Ann Kenyon, Betty Ann Haskins, Matt Fleischman, Ginny Parsons, Lou and Stevie O'Connell, JoAnn Lee, Ryan Simpson, Elizabeth*

Madaras, Jerry Stich, Sister Pat Nagle, Peter Dow, Jane McDermott, Mary Goglio, Marla Anderson, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Tricia, Pam Clisham, Deanna Madarasz, Jackson Bohm, Nancy Stich, Patricia Runo, Michael Rasmussen, Gail Cromack, Kate Ganschow, Michael Lamb, Maddy Pearce, Christine Winberg and Dorothy Wingire. Merciful God, **receive our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, the Strategic Exploration Team, the priesthood of all believers, Napa Valley Lutheran Church in Napa, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. We pray for the fullness of the lives of Rob Cabrera and Pam Lothian as they celebrate their birthdays this week. Merciful God, **receive our prayer.**

Wisdom has set her table. May this congregation be a welcome table to all who seek the refuge of God. Break down walls and barriers that prevent us from offering a seat at this table to anyone who comes. Merciful God, **receive our prayer.**

For those who join in sharing the meal of holy communion this day, August and Clayton, we thank you. As you made them your own in baptism, feed and nourish them always with your forgiveness, grace, and love. Merciful God, **receive our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

A moment is offered for prayers from the congregation

Wisdom has shown her path of insight. May we journey on her paths, looking toward a bright future while remembering from where we have come. We give our thanks for those who have gone before us. Merciful God, **receive our prayer.**

We lift up these prayers to you, gracious God. Receive them into your holy keeping. **Amen.**

✠ MEAL ✠

↑ SHARING THE PEACE

The peace of the Lord be with you always. **And also with you.**

↓ OFFERING

↓WELCOME TO THE LORD'S TABLE

Today this community of faith rejoices with August and Clayton who join in sharing the meal of holy communion.

In the sacrament of holy baptism, we are welcomed into the body of Christ and sent to share in the mission of God. In the sacrament of holy communion, God unites us in Jesus Christ and nourishes us for that mission. Living among God's faithful people, we are strengthened by God's word and this holy supper to proclaim the good news of God in Christ through word and deed, to serve all people, following the example of Jesus, and to strive for justice and peace in all the earth.

Let us welcome these sisters and brothers in Christ to holy communion.

Welcome to the Lord's table.

We thank God for you.

We pray that you will find joy and strength in this meal, until we feast forever at God's heavenly banquet.

↑ GREAT THANKSGIVING

Page 199

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

↑PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

↑HOLY, HOLY, HOLY

Page 200

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.

↑JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

↑LORD'S PRAYER

You are invited to pray in the version or language of your choice.

Our father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

↓INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come! **Thanks be to God!**

↓DISTRIBUTION

All are welcome to receive Holy Communion.

*The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

↓LAMB OF GOD

Page 201

Lamb of God, you take a-way the sin of the world; have mercy on us.

Lamb of God, you take a-way the sin of the world, have mercy on us.

Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.

↑POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ, strengthen you and give you peace.
Amen.

↑PRAYER AFTER COMMUNION

Let us pray. Jesus, Bread of life, **we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray. Amen.**

↓BLESSING OF BACKPACKS AND BRIEFCASES

✠ SENDING ✠

↑BLESSING

The blessing of God, who provides for us, feeds us, and journeys with us, ✠ be upon you now and forever. Amen.

↑HYMN *United at the Table* #498

Refrain

*United at the table:
all our joy is joined in song.
United in the faith:
all our joy to God belongs.*

1 *We will praise God, we will sing
alleluias with hymns and with psalmody;
we will praise God for the love
that sustains us eternally. Refrain*

2 *We will praise God, we will feast
at the bountiful table of life and grace;
we will praise God and give thanks
for communion with ev'ry race. Refrain*

3 *We will praise God, we will play
alleluias with rhythm and instruments;
we will praise God for the love
that invites all creation to dance. Refrain*

↑DISMISSAL

Go in peace. You are the body of Christ.
Thanks be to God.

POSTLUDE *Come, Let Us Eat*

Tune: *A va de*, Billema Kwillia, b. about 1925, Liberia
Arr. Anne Krentz Organ
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THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 41

IMPORTANT DATES THIS WEEK:

Mon 8/19 9:30am Craft Group
Tues 8/20 7:30am Tuesday Morning Bible Study (meets on Zoom)
Wed *Women's Bible Study on Summer break*
Thurs 8/22 12:30pm Ukuleles with Ozzy
7:30pm Council Meeting (meets on Zoom)



**God's work.
Our hands.**

GOD'S WORK. OUR HANDS. PROJECT AT TRINITY Last year, Trinity's service project for God's Work. Our Hands (GWOH) Sunday was to compile kits for Lutheran World Relief (LWR). The Mission and Service Committee hoped to complete 50 kits, and thanks to so many of you, we were easily able to complete that goal and then some! This year, we will be again collecting and compiling kits for LWR with a goal to make 100 kits. We'll be collecting the following items from now until September 1st. We will gather after worship on September 8th to compile the kits together.

The list of items for kits is very specific. Please take a look at the following list and bring any items you would like to contribute to Trinity and place them in the designated area in the church entryway. We'll keep you updated with the completion of the collection of each item as they come in. Please contact Jessica or Kathy Booker with any questions.

We need 100 of each of these items:

*light weight bath-size towel- brand new- in dark colors (NO WHITE), sized from 20-40" x 52-72"

current count: **47 of 100**

*adult size toothbrush (we *can* accept a multiple pack of these) current count: **26 of 100**

*sturdy comb- medium to wide-tooth so that members of all communities can utilize them, (you can donate a package of them and we will remove packaging when we compile kits) current count: **29 of 100**

*metal nail clippers current count: **16 of 100**

and 200 bath size bars of soap-in packaging (2 will go in each kit) current count: **100 of 200**

All items must be brand new

THE TUESDAY MORNING BIBLE STUDY has resumed after summer hiatus. This Bible Study meets on Zoom at 7:30 am each Tuesday. You are welcome to join us! Please chat with Pastor Stephanie if you have any questions about this Bible Study and for info about where to find the zoom link to join.

Visits from Pastor Stephanie

If you would appreciate a visit from Pastor Stephanie, she is available by phone, text or email to make an appointment. She is happy to visit with you in your home, at her office, or a location of your convenience.

Pastor's Office Hours

Mon-10:00-Noon; Tues. 9am-Noon; Thurs.-10:00-Noon

You can reach Pastor Stephanie on her cell phone at (510) 846-0883