



## TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220  
*Anchored in Faith. Serving Our Neighbor. Singing God's Praise.*

*Mission: To be a caring and diverse community of people who know and share the love of God through Jesus Christ.*

### Twelfth Sunday after Pentecost August 11, 2024

[www.trinityalameda.org](http://www.trinityalameda.org)  
Rev. Stephanie Johnson, Pastor (510) 846-0883

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Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism.

We live in love, as Christ loved us and gave himself up for us.

The whole purpose of life is giving yourself for the other.

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**WELCOME TO TRINITY LUTHERAN CHURCH.** *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

*You are embraced as an expression of the diversity and beauty of the creation God has given us.*

**You are welcome here!**

*The presence of children is a gift to the church and a reminder that our congregation is growing. Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.*

# ✠ THE SERVICE ✠

## ↓ ANNOUNCEMENTS

### ↓ PRELUDE *Break Thou the Bread of Life*

Tune: *Bread of Life*, William F. Sherwin, 1826-1888

Hymn prelude by Seth Bingham, 1882-1972

Arr. Reginald Gerig, 1919-2018 © 1959 Hope Publishing Co.

## ✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

### ↑ CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, the God of manna, the God of miracles, the God of mercy.

**Amen.**

Drawn to Christ and seeking God's abundance, let us confess our sin.

*Silence is kept for reflection.*

God, our provider,  
**help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.**

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life. **Amen.**

### ↓ HYMN *As We Gather at Your Table* #522

- As we gather at your table,  
as we listen to your word,  
help us know, O God, your presence;  
let our hearts and minds be stirred.  
Nourish us with sacred story  
till we claim it as our own;  
teach us through this holy banquet  
how to make Love's vict'ry known.***
- Turn our worship into witness  
in the sacrament of life;  
send us forth to love and serve you,  
bringing peace where there is strife.***

***Give us, Christ, your great compassion  
to forgive as you forgave;  
may we still behold your image  
in the world you died to save.***

- Gracious Spirit, help us summon  
other guests to share that feast  
where triumphant Love will welcome  
those who had been last and least.  
There no more will envy blind us  
nor will pride our peace destroy,  
as we join with saints and angels  
to repeat the sounding joy.***

Text: Carl P. Daw Jr., b. 1944  
Text © 1989 Hope Publishing Company, Carol Stream, IL

### ↑ GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

### ↑ KYRIE

Page 193

*In peace, let us pray to the lord.*

***Lord, have mercy.***

*For the peace from above, and for our salvation,  
let us pray to the Lord.*

***Lord, have mercy.***

*For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.*

***Lord, have mercy.***

*For this holy house, and for all who offer their worship and praise, let us pray to the Lord.*

***Lord, have mercy.***

*Help, save, comfort, and defend us, gracious Lord.  
**Amen.***

### ↑ HYMN OF PRAISE Page 196-197

***This is the feast of vic-to-ry for our God.  
Al-le-lu-ia, al-le-lu-ia.***

***1. Wor-thy is Christ, the Lamb who was slain,  
whose blood set us free to be peo-ple of God.  
Pow-er, rich-es, wis-dom, and strength, and hon-  
or, bless-ing, and glo-ry are his. (refrain)***

***2. Sing with all the peo-ple of God, and join in  
the hymn of all cre-a-tion; Bless-ing, hon-or, glo-  
ry, and might be to God and the Lamb for-ev-er.  
A-men.***

*This is the feast of vic-to-ry for our God, for the Lamb who was slain has be-gun his reign.  
Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.*

#### ↑PRAYER OF THE DAY

Let us pray. Gracious God, **your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord. Amen.**

#### ✠ WORD ✠

#### ↓FIRST READING

**1 Kings 19:4-8**

<sup>4</sup>Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."<sup>5</sup>Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."<sup>6</sup>He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again.<sup>7</sup>The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."<sup>8</sup>He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Word of God, Word of Life.      **Thanks be to God.**

#### ↓Psalm 34:1-8

<sup>1</sup>I will bless the LORD at all times;  
the praise of God shall ever be in my mouth.

<sup>2</sup>**I will glory in the LORD;  
let the lowly hear and rejoice.**

<sup>3</sup>Proclaim with me the greatness of the LORD;  
let us exalt God's name together.

<sup>4</sup>**I sought the LORD, who answered me  
and delivered me from all my terrors.**

<sup>5</sup>Look upon the LORD and be radiant,  
and let not your faces be ashamed.

<sup>6</sup>**I called in my affliction, and the LORD heard me  
and saved me from all my troubles.**

<sup>7</sup>The angel of the LORD encamps around those who  
fear the LORD and delivers them.

<sup>8</sup>**Taste and see that the LORD is good;  
happy are they who take refuge in God!**

#### ↓SECOND READING

**Ephesians 4:25-5:2**

<sup>25</sup>So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup>Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup>and do not make room for the devil. <sup>28</sup>Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup>Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup>Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup>and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. <sup>5:1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Word of God, Word of Life.      **Thanks be to God.**

#### ↑GOSPEL ACCLAMATION

**Page 198**

**Alleluia, alleluia. Alleluia, alleluia.  
Lord, to whom shall we go?  
You have the words of eternal life.  
Alleluia, alleluia. Alleluia, alleluia.**

#### ↑GOSPEL

**John 6:35, 41-51**

The Holy Gospel according to St. John the 6<sup>th</sup>  
chapter.      **Glory to you, O Lord..**

<sup>35</sup>Jesus said to the crowd, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

<sup>41</sup>Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." <sup>42</sup>They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" <sup>43</sup>Jesus answered them, "Do not complain among yourselves. <sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup>It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. <sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup>Very truly, I tell you, whoever believes has eternal life. <sup>48</sup>I am the bread of life.

<sup>49</sup>Your ancestors ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down

from heaven, so that one may eat of it and not die.  
<sup>54</sup>I am the living bread that came down from heaven.  
Whoever eats of this bread will live forever; and the  
bread that I will give for the life of the world is my  
flesh.”

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## ↓SERMON

### ↑HYMN      *What Feast of Love*      #487

- 1 *What feast of love is offered here,  
what banquet come from heaven?  
What food of everlasting life,  
what gracious gift is given?  
This, this is Christ the king,  
the bread come down from heaven.  
Oh, taste and see and sing!  
How sweet the manna given!*
- 2 *What light of truth is offered here,  
what covenant from heaven?  
What hope of everlasting life,  
what wondrous word is given?  
This, this is Christ the king,  
the sun come down from heaven.  
Oh, see and hear and sing!  
The Word of God is given!*
- 3 *What wine of love is offered here,  
what crimson drink from heaven?  
What stream of everlasting life,  
what precious blood is given?  
This, this is Christ the king,  
the sweetest wine of heaven.  
Oh, taste and see and sing!  
The Son of God is given!*

Text: Delores Dufner, OSB, b. 1939 Text © 1993 Delores Dufner, OSB.  
Published by OCP Publications, Portland OR

### ↑APOSTLES' CREED      p. 105

Let us profess our faith in the words of the Apostles' Creed.

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;**

**he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## ↑PRAYERS OF INTERCESSION

*(The congregation is encouraged to take the position which is most prayerful to you.)*

You may choose to sit or stand as you are comfortable.

Calling on the spirit of Wisdom to guide our hearts and our minds, let us pray for the church, the world, and all in need.

### *A brief silence.*

Reignite the prayer of the church. By your Spirit, root your church around the globe in prayer and spiritual practices. Merciful God, **receive our prayer.**

We rely on the goodness of your creation in everything we do. We pray for trees that offer shade and for our fellow creatures that depend on the trees for shelter and food. Sustain the work of all who advocate for forests and wilderness areas. Merciful God, **receive our prayer.**

Guide our leaders and nations with a spirit of justice and mercy. Let no evil come out of our mouths, but rather let us extend grace. Merciful God, **receive our prayer.**

Sustain feeding ministries and organizations such as ELCA World Hunger, Dine and Connect and the Alameda Food Bank. We work and pray for a day when hunger is no more. Merciful God, **receive our prayer.**

We pray for this congregation and for all who are gathered. Be present among anyone who cannot be with us today. Be with all who are hurting, grieving, or ill, especially *Saemi Ladue, Brian Schoenrock, Ginny Ostergren, Chuck Bangert, Ann Kenyon, Betty Ann Haskins, Matt Fleischman, Ginny Parsons, Lou and Stevie O'Connell, JoAnn Lee, Ryan Simpson, Elizabeth Madaras, Jerry Stich, Sister Pat Nagle, Peter Dow, Jane McDermott, Mary Goglio, Marla Anderson, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Tricia, Pam Clisham, Deanna Madarasz, Jackson Bohm, Nancy Stich, Patricia Runo, Michael Rasmussen, Gail Cromack, Kate Ganschow, Michael Lamb, Maddy Pearce, Christine Winberg and Dorothy Wingire.* Merciful God, **receive our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, the Strategic Exploration Team, the priesthood of all believers, Miracles of Faith Community Church in Oakland, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. We pray for the fullness of the lives of William Norboe and Kathy Booker as they celebrate their birthdays this week. Merciful God, **receive our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

*A moment is offered for prayers from the congregation*

We remember the saints who have gone before us in faith. Trusting in the promise of the resurrection, we find hope in your communion of saints of all times and all places. Merciful God, **receive our prayer.**

We lift up these prayers to you, gracious God. Receive them into your holy keeping.  
**Amen.**

✠ **MEAL** ✠

#### ↑SHARING THE PEACE

The peace of the Lord be with you always.  
**And also with you.**

#### ↓OFFERING

#### ↑ GREAT THANKSGIVING

Page 199

The Lord be with you. **And also with you.**  
Lift up your hearts. **We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

#### ↑PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

#### ↑HOLY, HOLY, HOLY

Page 200

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.**

#### ↑JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

#### ↑LORD'S PRAYER

*You are invited to pray in the version or language of your choice.*

**Our father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

#### ↓INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come! **Thanks be to God!**

#### ↓DISTRIBUTION

*All are welcome to receive Holy Communion. The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

#### ↓LAMB OF GOD

Page 201

**Lamb of God, you take a-way the sin of the world; have mercy on us.**  
**Lamb of God, you take a-way the sin of the world, have mercy on us.**  
**Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.**

#### ↑POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ, strengthen you and give you peace.  
**Amen.**

#### ↑PRAYER AFTER COMMUNION

Let us pray. Jesus, Bread of life,  
**we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray. Amen.**

✠ SENDING ✠

↑ BLESSING

The blessing of God, who provides for us, feeds us, and journeys with us, ✠ be upon you now and forever. Amen.

↑ HYMN *Go, My Children, with My Blessing* #543

1 *“Go, my children, with my blessing, never alone.*

*Waking, sleeping, I am with you, you are my own.*

*In my love’s baptismal river*

*I have made you mine forever.*

*Go, my children, with my blessing, you are my own.”*

2 *“Go, my children, sins forgiven, at peace and pure.*

*Here you learned how much I love you, what I can cure.*

*Here you heard my dear Son’s story,*

*here you touched him, saw his glory.*

*Go, my children, sins forgiven, at peace and pure.”*

3 *“Go, my children, fed and nourished, closer to me.*

*Grow in love and love by serving, joyful and free.*

*Here my Spirit’s power filled you,*

*here my tender comfort stilled you.*

*Go, my children, fed and nourished, joyful and free.”*

Text: Jaroslav J. Vajda, b. 1919, alt.  
Text © 1983 Concordia Publishing House

↑ DISMISSAL

Go in peace. You are the body of Christ.

Thanks be to God.

POSTLUDE *Prelude and Fugue*

George Frideric Handel, 1685-1759

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# THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 41

## IMPORTANT DATES THIS WEEK:

Mon 8/12 *Dine & Connect hosted at Trinity*  
9:30am Craft Group  
Tues 8/13 7:30am Tuesday Morning Bible Study (meets on Zoom)  
Wed *Women's Bible Study on Summer break*  
7:00pm SET Meeting  
Thurs 8/15 12:30pm Ukuleles with Ozzy  
Sun 8/18 Blessing of the Backpacks during worship

**BLESSING THE BACKPACKS** We will bless the backpacks and briefcases of students, teachers, and administrators as they return to school at worship August 18<sup>th</sup>. If you have a student or school angel in your family or your neighborhood, make sure to invite them to bring their backpacks and briefcases for a back to school blessing!



**God's work.  
Our hands.**

**GOD'S WORK. OUR HANDS. PROJECT AT TRINITY** Last year, Trinity's service project for God's Work. Our Hands (GWOH) Sunday was to compile kits for Lutheran World Relief (LWR). The Mission and Service Committee hoped to complete 50 kits, and thanks to so many of you, we were easily able to complete that goal and then some! This year, we will be again collecting and compiling kits for LWR with a goal to make 100 kits. We'll be collecting the following items from now until September 1<sup>st</sup>. We will gather after worship on September 8<sup>th</sup> to compile the kits together.

The list of items for kits is very specific. Please take a look at the following list and bring any items you would like to contribute to Trinity and place them in the designated area in the church entryway. We'll keep you updated with the completion of the collection of each item as they come in. Please contact Jessica or Kathy Booker with any questions.

### We need 100 of each of these items:

\*light weight bath-size towel- brand new- in dark colors (NO WHITE), sized from 20-40" x 52-72"

current count: 34 of 100

\*adult size toothbrush in its original packaging (can not get a multiple pack of these unless they are individually packaged) current count: 16 of 100

\*sturdy comb- medium to wide-tooth so that members of all communities can utilize them, (you can donate a package of them and we will remove packaging when we compile kits) current count: 29 of 100

\*metal nail clippers current count: 3 of 100

and 200 bath size bars of soap-in packaging (2 will go in each kit) current count: 64 of 200

*All items must be brand new*

**THE TUESDAY MORNING BIBLE STUDY** resumed after summer hiatus last Tuesday. This Bible Study meets on Zoom at 7:30 am each Tuesday. You are welcome to join us! Please chat with Pastor Stephanie if you have any questions about this Bible Study and for info about where to find the zoom link to join.

**Visits from Pastor Stephanie**

If you would appreciate a visit from Pastor Stephanie, she is available by phone, text or email to make an appointment. She is happy to visit with you in your home, at her office, or a location of your convenience.

**Pastor's Office Hours**

*Mon-10:00-Noon; Tues. 9am-Noon; Thurs.-10:00-Noon*

You can reach Pastor Stephanie on her cell phone at (510) 846-0883