



# TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220  
*Anchored in Faith. Serving Our Neighbor. Singing God's Praise.*

*Mission: To be a caring and diverse community of people who know and share the love of God through Jesus Christ.*

## Seventh Sunday after Pentecost July 7, 2024

[www.trinityalameda.org](http://www.trinityalameda.org)  
Rev. Stephanie Johnson, Pastor (510) 846-0883

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Jesus does great deeds of power and gives his disciples authority over demons. Yet none of this power is unilateral; it all must be received by faith. Jesus asks his disciples to go out without money or supplies, so that they will be dependent on how others receive them. When we are sent from the assembly to witness and to heal, we are asked to be vulnerable, to be dependent on the reception of others. The Spirit always operates in the “between”: between Jesus and his Abba, between Jesus and us, between you and me, between us and those to whom we are sent.

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**WELCOME TO TRINITY LUTHERAN CHURCH.** *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

*You are embraced as an expression of the diversity and beauty of the creation God has given us.*

**You are welcome here!**

*The presence of children is a gift to the church and a reminder that our congregation is growing.  
Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.*

# ✠ THE SERVICE ✠

## ↓ANNOUNCEMENTS

### ↓PRELUDE *Spirit of God, Descend Upon My Heart*

Tune: *Morecambe*, Frederick C. Atkinson, 1841-1897

Arr. Charles Callahan, 1951-2023

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## ✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

### ↑CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, the God of manna, the God of miracles, the God of mercy.

**Amen.**

Drawn to Christ and seeking God's abundance, let us confess our sin.

*Silence is kept for reflection.*

God, our provider,  
**help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.**

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life. **Amen.**

### ↓CHOIR *Somebody Prayed for Me*

Text and tune: public domain  
Arrangement © 1999 Augsburg Fortress

### ↑GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

## ↑KYRIE

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*In peace, let us pray to the lord.*

**Lord, have mercy.**

*For the peace from above, and for our salvation, let us pray to the Lord.*

**Lord, have mercy.**

*For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.*

**Lord, have mercy.**

*For this holy house, and for all who offer their worship and praise, let us pray to the Lord.*

**Lord, have mercy.**

*Help, save, comfort, and defend us, gracious Lord. Amen.*

## ↑HYMN OF PRAISE

Page 196-197

*This is the feast of vic-to-ry for our God.*

*Al-le-lu-ia, al-le-lu-ia.*

*1. Wor-thy is Christ, the Lamb who was slain, whose blood set us free to be peo-ple of God. Pow-er, rich-es, wis-dom, and strength, and hon-or, bless-ing, and glo-ry are his. (refrain)*

*2. Sing with all the peo-ple of God, and join in the hymn of all cre-a-tion; Bless-ing, hon-or, glo-ry, and might be to God and the Lamb for-ev-er. A-men.*

*This is the feast of vic-to-ry for our God, for the Lamb who was slain has be-gun his reign.*

*Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.*

## ↑PRAYER OF THE DAY

Let us pray. God of the covenant, **in our baptism you call us to proclaim the coming of your kingdom. Give us the courage you gave the apostles, that we may faithfully witness to your love and peace in every circumstance of life, in the name of Jesus Christ, our Savior and Lord. Amen.**

✠ WORD ✠

↓FIRST READING

Ezekiel 2:1-5

<sup>1</sup> [A voice] said to me: O mortal, stand up on your feet, and I will speak with you.<sup>2</sup> And when he spoke to me, a spirit entered into me and set me on my feet; and I heard him speaking to me. <sup>3</sup> He said to me, Mortal, I am sending you to the people of Israel, to a nation of rebels who have rebelled against me; they and their ancestors have transgressed against me to this very day. <sup>4</sup> The descendants are impudent and stubborn. I am sending you to them, and you shall say to them, "Thus says the Lord GOD."

<sup>5</sup> Whether they hear or refuse to hear (for they are a rebellious house), they shall know that there has been a prophet among them.

Word of God, Word of Life.      **Thanks be to God.**

↓Psalm 123

<sup>1</sup> To you I lift up my eyes,  
to you enthroned in the heavens.

<sup>2</sup> **As the eyes of servants look to the hand of their masters, and the eyes of a maid to the hand of her mistress, so our eyes look to you, O LORD our God, until you show us your mercy.**

<sup>3</sup> Have mercy upon us, O LORD, have mercy, for we have had more than enough of contempt,

<sup>4</sup> **too much of the scorn of the indolent rich, and of the derision of the proud.**

↓SECOND READING

2 Corinthians 12:2-10

<sup>2</sup> I know a person in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know; God knows.

<sup>3</sup> And I know that such a person—whether in the body or out of the body I do not know; God knows—<sup>4</sup> was caught up into Paradise and heard things that are not to be told, that no mortal is permitted to repeat. <sup>5</sup> On behalf of such a one I will boast, but on my own behalf I will not boast, except of my weaknesses. <sup>6</sup> But if I wish to boast, I will not be a fool, for I will be speaking the truth. But I refrain from it, so that no one may think better of me than what is seen in me or heard from me,

<sup>7</sup> even considering the exceptional character of the revelations. Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. <sup>8</sup> Three times I appealed to the Lord about this, that it would leave me, <sup>9</sup> but he said to me, "My grace is sufficient for you, for power is made perfect in weakness." So, I will boast all the

more gladly of my weaknesses, so that the power of Christ may dwell in me. <sup>10</sup> Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

Word of God, Word of Life.      **Thanks be to God.**

↑GOSPEL ACCLAMATION

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*Alleluia, alleluia. Alleluia, alleluia.*

*Lord, to whom shall we go?*

*You have the words of eternal life.*

*Alleluia, alleluia. Alleluia, alleluia.*

↑GOSPEL

Mark 6:1-13

The Holy Gospel according to St. Mark the 6<sup>th</sup> chapter.

**Glory to you, O Lord..**

<sup>1</sup> [Jesus] came to his hometown, and his disciples followed him.<sup>2</sup> On the sabbath he began to teach in the synagogue, and many who heard him were astounded. They said, "Where did this man get all this? What is this wisdom that has been given to him? What deeds of power are being done by his hands! <sup>3</sup> Is not this the carpenter, the son of Mary and brother of James and Joses and Judas and Simon, and are not his sisters here with us?" And they took offense at him. <sup>4</sup> Then Jesus said to them, "Prophets are not without honor, except in their hometown, and among their own kin, and in their own house." <sup>5</sup> And he could do no deed of power there, except that he laid his hands on a few sick people and cured them. <sup>6</sup> And he was amazed at their unbelief.

Then he went about among the villages teaching.

<sup>7</sup> He called the twelve and began to send them out two by two, and gave them authority over the unclean spirits. <sup>8</sup> He ordered them to take nothing for their journey except a staff; no bread, no bag, no money in their belts; <sup>9</sup> but to wear sandals and not to put on two tunics. <sup>10</sup> He said to them, "Wherever you enter a house, stay there until you leave the place. <sup>11</sup> If any place will not welcome you and they refuse to hear you, as you leave, shake off the dust that is on your feet as a testimony against them."

<sup>12</sup> So they went out and proclaimed that all should repent. <sup>13</sup> They cast out many demons, and anointed with oil many who were sick and cured them.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

↓SERMON

↑HYMN *We All Are One in Mission* #576 vs.1-2

- 1 *We all are one in mission;  
we all are one in call,  
our varied gifts united  
by Christ, the Lord of all.  
A single great commission  
compels us from above  
to plan and work together  
that all may know Christ's love.*
- 2 *We all are called for service,  
to witness in God's name.  
Our ministries are diff'rent;  
our purpose is the same:  
to touch the lives of others  
with God's surprising grace,  
so ev'ry folk and nation  
may feel God's warm embrace.*

Text: Rusty Edwards, b. 1955  
Text © 1986 Hope Publishing Company, Carol Stream, IL 60188.  
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↑APOSTLES' CREED p. 105

Let us profess our faith in the words of the Apostles' Creed.

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;**

**he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

↑PRAYERS OF INTERCESSION

*(The congregation is encouraged to take the position which is most prayerful to you.)*

You may choose to sit or stand as you are comfortable.

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

*A brief silence.*

Glorious God, you bend down to wash the feet of your disciples. Let the servant church arise in our

teaching, our praying, our healing, and our doing. Make all your faithful people powerful in weakness and strong in grace. In your mercy, **hear our prayer.**

Life-giving God, your fingers trace the heavens and your hands mold the earth. Where there is drought, bring nourishing rain. Where there is devastation from fire or flood, bring relief. Sustain the well-being of every living thing. In your mercy, **hear our prayer.**

Merciful God, you speak and the nations listen. Open those who govern to the cries of all who journey with no food or shelter, particularly people fleeing violence, those seeking freedom, and those in search of community. In your mercy, **hear our prayer.**

Gracious God, your embrace brings wholeness to those who are troubled. Anoint all who suffer in any way with the oil of healing and grant them renewal.

Today we pray especially for *the family of Wes Anderson, Sherri Bangert, Ginny Ostergren, Chuck Bangert, Ann Kenyon, Betty Ann Haskins, Matt Fleischman, Ginny Parsons, Lou and Stevie O'Connell, JoAnn Lee, Ryan Simpson, Elizabeth Madaras, Jerry Stich, Sister Pat Nagle, Peter Dow, Jane McDermott, Mary Goglio, Marla Anderson, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Tricia, Pam Clisham, Deanna Madarasz, Jackson Bohm, Nancy Stich, Patricia Runo, Michael Rasmussen, Gail Cromack, Kate Ganschow, Michael Lamb, Maddy Pearce, Christine Winberg and Dorothy Wingire.* In your mercy, **hear our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, the Strategic Exploration Team, the priesthood of all believers, Hope Lutheran Church in El Sobrante, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. We pray for the fullness of the life of Greyson Moder as he celebrates his birthday this week. In your mercy, **hear our prayer.**

Welcoming God, in your presence strangers become companions and enemies become neighbors. Open our doors to those we have so easily shut out, particularly people who are different from us or who are marginalized by church or society. In your mercy, **hear our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

*A moment is offered for prayers from the congregation*

Eternal God, you gather us into your house of many dwelling places. We give you thanks for our faithful departed. Inspire us by their lives of faith until, with them, we rest forever at our journey's end. In your mercy, **hear our prayer.**

Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.  
**Amen.**

## ✠ MEAL ✠

### ↑ SHARING THE PEACE

The peace of the Lord be with you always.  
**And also with you.**

### ↓ OFFERING

### ↑ GREAT THANKSGIVING

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The Lord be with you. **And also with you.**  
Lift up your hearts. **We lift them to the Lord.**  
Let us give thanks to the Lord our God.  
**It is right to give our thanks and praise.**

### ↑ PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

### ↑ HOLY, HOLY, HOLY

Page 200

**Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.**

### ↑ JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

### ↑ LORD'S PRAYER

*You are invited to pray in the version or language of your choice.*

**Our father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.**

### ↓ INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come! **Thanks be to God!**

### ↓ DISTRIBUTION

*All are welcome to receive Holy Communion. The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

### ↓ LAMB OF GOD

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**Lamb of God, you take a-way the sin of the world; have mercy on us.**  
**Lamb of God, you take a-way the sin of the world, have mercy on us.**  
**Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.**

### ↑ POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ, strengthen you and give you peace.  
**Amen.**

### ↑ PRAYER AFTER COMMUNION

Let us pray. Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray. Amen.

✠ SENDING ✠

↑ BLESSING

The blessing of God, who provides for us, feeds us,  
and journeys with us, ✠ be upon you now and  
forever. **Amen.**

↑ HYMN *The Lord Now Sends Us Forth* #538

*The Lord now sends us forth  
with hands to serve and give,  
to make of all the earth  
a better place to live. Repeat*

*The angels are not sent  
into our world of pain  
to do what we were meant  
to do in Jesus' name;  
that falls to you and me  
and all who are made free.  
Help us, O Lord, we pray,  
to do your will today. Repeat*

Text: Anonymous, Central America; tr. Gerhard M. Cartford, b. 1923  
English text © 1998 Augsburg Fortress.

↑ DISMISSAL

Go in peace. You are the body of Christ.  
**Thanks be to God.**

POSTLUDE *Siyahamba/Thuma Mina*

South African tunes  
Arr. Mark Sedio, b. 1954  
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# THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 43

## IMPORTANT DATES THIS WEEK:

Mon 7/8 *Dine & Connect hosted at Trinity*  
9:30am Craft Group  
Tues *Bible Study on break until August*  
Wed *Women's Bible Study on Summer break*

**RELAY FOR LIFE** will take place on Saturday, July 20<sup>th</sup> from 10am-10pm at Leydecker Park in Alameda. Trinity's Terrific Trekkers team is currently raising money for the American Cancer Society. There are a few ways you can contribute- you can place a check made out to "American Cancer Society" in the offering plate or hand it to Joanne Robinson, Trinity's Team Captain. You can donate online at [relayforlife.org/alamedaca](http://relayforlife.org/alamedaca) and search for "Trinity Terrific Trekkers". Do you know someone who has been affected by cancer and you would like to place a luminary in their honor? They cost \$10 each- please see Joanne to participate. Any questions or for more information, please contact Joanne. Relay For Life is a community fundraising event of the American Cancer Society (ACS). Relay is about community spirit, resilience and making an impact for friends, family and others. This is your invitation to join the walk when you can, for as long as you want. Just show up.

**-Origins:** Relay For Life began in Tacoma, Washington, in 1985 when colorectal surgeon Dr. Gordy Klatt wanted to enhance the ACS's local fundraising efforts. He spent 24 hours circling the track at the University of Puget Sound, covering a distance of 83 miles and raising \$27,000 through pledges.

**-Expansion:** The success of Klatt's solo event inspired others, and Relay For Life events started popping up across the United States, spreading to more than 27 countries and raising billions of dollars. Each event typically involves teams of participants who take turns walking or running around a track or designated path relay-style, symbolizing that cancer never sleeps.

**-Significance:** Beyond fundraising, Relay For Life became a powerful symbol of hope and solidarity for those affected by cancer. It provides a platform for survivors to celebrate life, for caregivers to offer support, and for communities to unite in the fight against cancer

**-Impact:** The funds raised support a wide range of ACS programs, including groundbreaking cancer research, free lodging and transportation for cancer patients undergoing treatment, and education and prevention initiatives.

**JULY'S MIDWAY SHELTER MEAL NEEDS SOME VOLUNTEERS!** All parts of the meal for July 28<sup>th</sup> are available. Please see the sign-up sheet in the hall (on the desk) to see if there is a spot you might be willing to fill!

**ALAMEDA EDUCATION FOUNDATION Special Offering for School Supplies.** Every student should start each year with a new backpack and fresh school supplies. Alameda Education Foundation (AEF) is committed to making sure that all AUSD students have the supplies they need. The school district anticipates 2,000 Title I (extremely low-income, unhoused and formerly unhoused) students will need AEF's support this year. For more than 10 years Trinity has participated in a school supply drive to benefit AEF's Equipped 4 Success program. By donating monetarily AEF is able to order in bulk and specify the most essential items.

*A \$40 donation will provide a brand new backpack filled with needed school supplies for an Elementary School Student.*

*A \$50 donation will provide a brand new backpack filled with needed school supplies for a middle school or high school student.*

Offerings of any amount are welcome for this important project. Checks may be made out to Trinity with "School Supplies" on the memo and placed in the offering plate on Sunday morning. We will collect donations through July 21<sup>st</sup>. Please connect with Jessica with any questions about this project. The Mission & Service Committee thanks you for helping our community's children start off the school year with supplies to help them be successful!

**Visits from Pastor Stephanie**

If you would appreciate a visit from Pastor Stephanie, she is available by phone, text or email to make an appointment. She is happy to visit with you in your home, at her office, or a location of your convenience.

**Pastor's Office Hours**

*Mon-10:00-Noon; Tues. 9am-Noon; Thurs.-10:00-Noon*  
You can reach Pastor Stephanie on her cell phone at (510) 846-0883