



TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220
Anchored in Faith. Serving Our Neighbor. Singing God's Praise.

Mission: To be a caring and diverse community of people who know and share the love of God through Jesus Christ.

Tenth Sunday after Pentecost July 28, 2024

www.trinityalameda.org
Rev. Stephanie Johnson, Pastor (510) 846-0883

Today is the first of five Sundays with gospel readings from John 6, the first four of which focus on Jesus as bread of life. Today Jesus feeds thousands of people with five loaves and two fish. What we have, what we bring to Jesus' table, seems like it is not nearly enough to meet all the needs we see around us. But it is not the adequacy of our supplies or our skills that finally makes the difference: it is the power of Jesus working in the littlest and least to transform this world into the world God desires, a world where all the hungry are satisfied.

WELCOME TO TRINITY LUTHERAN CHURCH. *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

You are embraced as an expression of the diversity and beauty of the creation God has given us.

You are welcome here!

*The presence of children is a gift to the church and a reminder that our congregation is growing.
Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.*

✠ THE SERVICE ✠

↓ ANNOUNCEMENTS

↓ PRELUDE *Break Thou the Bread of Life*

Tune: *Bread of Life*, William F. Sherwin, 1826-1888

Arr. Charles Callahan, 1951-2023

© 2009 Birnamwood Publications (ASCAP)

✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

↑ CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, the God of manna, the God of miracles, the God of mercy.
Amen.

Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

God, our provider,
help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life. **Amen.**

↓ HYMN *All Who Hunger, Gather Gladly* #461

- 1 *All who hunger gather gladly;
holy manna is our bread.
Come from wilderness and wand'ring.
Here in truth we will be fed.
You that yearn for days of fullness,
all around us is our food.
Taste and see the grace eternal.
Taste and see that God is good.*
- 2 *All who hunger, never strangers;
seeker, be a welcome guest.
Come from restlessness and roaming.
Here in joy we keep the feast.*

*We that once were lost and scattered
in communion's love have stood.
Taste and see the grace eternal.
Taste and see that God is good.*

- 3 *All who hunger, sing together,
Jesus Christ is living bread.
Come from loneliness and longing.
Here in peace we have been fed.
Blest are those who from this table
live their days in gratitude.
Taste and see the grace eternal.
Taste and see that God is good.*

Text: Sylvia G. Dunstan, 1955-1993 Text © 1991 GIA Publications, Inc.,

↑ GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

↑ KYRIE

Page 193

*In peace, let us pray to the lord.
Lord, have mercy.
For the peace from above, and for our salvation,
let us pray to the Lord.
Lord, have mercy.
For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.
Lord, have mercy.
For this holy house, and for all who offer their worship and praise, let us pray to the Lord.
Lord, have mercy.
Help, save, comfort, and defend us, gracious Lord.
Amen.*

↑ HYMN OF PRAISE

Page 196-197

*This is the feast of vic-to-ry for our God.
Al-le-lu-ia, al-le-lu-ia.*

1. *Wor-thy is Christ, the Lamb who was slain,
whose blood set us free to be peo-ple of God.
Pow-er, rich-es, wis-dom, and strength, and hon-or, bless-ing, and glo-ry are his. (refrain)*
2. *Sing with all the peo-ple of God, and join in
the hymn of all cre-a-tion; Bless-ing, hon-or, glo-ry, and might be to God and the Lamb for-ev-er.
A-men.*

*This is the feast of vic-to-ry for our God, for the Lamb who was slain has be-gun his reign.
Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.*

↑PRAYER OF THE DAY

Let us pray. Gracious God, **you have placed within the hearts of all your children a longing for your word and a hunger for your truth. Grant that we may know your Son to be the true bread of heaven and share this bread with all the world, through Jesus Christ, our Savior and Lord. Amen.**

✠ WORD ✠

↓FIRST READING

2 Kings 4:42-44

⁴² A man came from Baal-shalishah, bringing food from the first fruits to [Elisha,] the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." ⁴³ But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the LORD, 'They shall eat and have some left.' " ⁴⁴ He set it before them, they ate, and had some left, according to the word of the LORD.

Word of God, Word of Life. **Thanks be to God.**

↓Psalm 145:10-18

- ¹⁰ All your works shall praise you, O LORD,
and your faithful ones shall bless you.
¹¹ **They shall tell of the glory of your kingdom
and speak of your power,**
¹² that all people may know of your power
and the glorious splendor of your kingdom.
¹³ **Your kingdom is an everlasting kingdom; your
dominion endures throughout all ages.
You, LORD, are faithful in all your words, and
loving in all your works.**
¹⁴ The Lord upholds all those who fall
and lifts up those who are bowed down.
¹⁵ **The eyes of all wait upon you, O LORD,
and you give them their food in due season.**
¹⁶ You open wide your hand
and satisfy the desire of every living thing.
¹⁷ **You are righteous in all your ways
and loving in all your works.**
¹⁸ You are near to all who call upon you,
to all who call upon you faithfully.

↓SECOND READING

Ephesians 3:14-21

¹⁴ For this reason I bow my knees before the Father,
¹⁵ from whom every family in heaven and on earth
takes its name. ¹⁶ I pray that, according to the riches
of his glory, he may grant that you may be
strengthened in your inner being with power

through his Spirit, ¹⁷ and that Christ may dwell in
your hearts through faith, as you are being rooted
and grounded in love. ¹⁸ I pray that you may have
the power to comprehend, with all the saints, what
is the breadth and length and height and depth,
¹⁹ and to know the love of Christ that surpasses
knowledge, so that you may be filled with all the
fullness of God.

²⁰ Now to him who by the power at work within
us is able to accomplish abundantly far more than
all we can ask or imagine, ²¹ to him be glory in the
church and in Christ Jesus to all generations, forever
and ever. Amen.

Word of God, Word of Life. **Thanks be to God.**

↑GOSPEL ACCLAMATION

Page 198

***Alleluia, alleluia. Alleluia, alleluia.
Lord, to whom shall we go?
You have the words of eternal life.
Alleluia, alleluia. Alleluia, alleluia.***

↑GOSPEL

John 6:1-21

The Holy Gospel according to St. John the 6th
chapter. **Glory to you, O Lord..**

¹ Jesus went to the other side of the Sea of Galilee,
also called the Sea of Tiberias. ² A large crowd kept
following him, because they saw the signs that he
was doing for the sick. ³ Jesus went up the mountain
and sat down there with his disciples. ⁴ Now the
Passover, the festival of the Jews, was near. ⁵ When
he looked up and saw a large crowd coming toward
him, Jesus said to Philip, "Where are we to buy
bread for these people to eat?" ⁶ He said this to test
him, for he himself knew what he was going to do.
⁷ Philip answered him, "Six months' wages would
not buy enough bread for each of them to get a
little." ⁸ One of his disciples, Andrew, Simon Peter's
brother, said to him, ⁹ "There is a boy here who has
five barley loaves and two fish. But what are they
among so many people?" ¹⁰ Jesus said, "Make the
people sit down." Now there was a great deal of
grass in the place; so they sat down, about five
thousand in all. ¹¹ Then Jesus took the loaves, and
when he had given thanks, he distributed them to
those who were seated; so also the fish, as much as
they wanted. ¹² When they were satisfied, he told his
disciples, "Gather up the fragments left over, so that
nothing may be lost." ¹³ So they gathered them up,
and from the fragments of the five barley loaves,
left by those who had eaten, they filled twelve
baskets. ¹⁴ When the people saw the sign that he
had done, they began to say, "This is indeed the

prophet who is to come into the world.”

¹⁵ When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

¹⁶ When evening came, his disciples went down to the sea, ¹⁷ got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. ¹⁸ The sea became rough because a strong wind was blowing. ¹⁹ When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. ²⁰ But he said to them, “It is I; do not be afraid.” ²¹ Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

This is the Gospel of the Lord.
Praise to you, O Christ.

↓SERMON

↑HYMN *Eternal Father, Strong to Save* #756

- 1 *Eternal Father, strong to save,
whose arm has bound the restless wave,
who bade the mighty ocean deep
its own appointed limits keep:
oh, hear us when we cry to thee
for those in peril on the sea.*
- 2 *O Savior, whose almighty word
the winds and waves submissive heard,
who walked upon the foaming deep,
and calm amid the storm didst sleep:
oh, hear us when we cry to thee
for those in peril on the sea.*
- 3 *O Holy Spirit, who didst brood
upon the chaos dark and rude,
and bid its angry tumult cease,
and give, for wild confusion, peace:
oh, hear us when we cry to thee
for those in peril on the sea.*
- 4 *O Trinity of love and pow'r,
all trav'lers guard in danger's hour
from rock and tempest, fire and foe,
protect them wheresoe'er they go;
thus evermore shall rise to thee
glad hymns and praise from land and sea.*

Text: William Whiting, 1825-1878, alt.

↑APOSTLES' CREED

p. 105

Let us profess our faith in the words of the Apostles' Creed.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;

he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

↑PRAYERS OF INTERCESSION

(The congregation is encouraged to take the position which is most prayerful to you.)

You may choose to sit or stand as you are comfortable.

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

A brief silence.

God of generations, you work in us far more than we can ask or imagine. Bless the church you have called into being across time and space, and fill it with the power of the Spirit for loving service. In your mercy, **hear our prayer.**

God of field and forest, streams and seas, you are the fullness of all things. As grains of wheat grow upon the earth and fish swim in the waters, sustain your creation. Protect harvests and give every person food in due season. In your mercy, **hear our prayer.**

God beyond borders, you rule all in all. Bless the work of humanitarians and peacekeepers, shield those who live, work, or serve in harm's way, and bring an end to war and conflict. In your mercy, **hear our prayer.**

God of healing, you open wide your hand and satisfy the desire of every living thing. We remember any who are sick or suffering, families in our community who endure hunger, those who seek asylum or citizenship, and our beloved for whom death is near. Today we pray especially for *Saemi Ladue, Brian Schoenrock, Ginny Ostergren, Chuck Bangert,*

Ann Kenyon, Betty Ann Haskins, Matt Fleischman, Ginny Parsons, Lou and Stevie O'Connell, JoAnn Lee, Ryan Simpson, Elizabeth Madaras, Jerry Stich, Sister Pat Nagle, Peter Dow, Jane McDermott, Mary Goglio, Marla Anderson, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Tricia, Pam Clisham, Deanna Madarasz, Jackson Bohm, Nancy Stich, Patricia Runo, Michael Rasmussen, Gail Cromack, Kate Ganschow, Michael Lamb, Maddy Pearce, Christine Winberg and Dorothy Wingire. In your mercy, **hear our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, the Strategic Exploration Team, the priesthood of all believers, Lutheran Church of the Cross in Berkeley, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. In your mercy, **hear our prayer.**

God of grace, you root us and ground us in love. As you inspired our ancestors in this place in their ministry, sustain us also in new endeavors, that your glory may be made known, and your lovingkindness shared anew. In your mercy, **hear our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

A moment is offered for prayers from the congregation

God of all, your love in Christ surpasses all knowledge. We give thanks for the departed who have come to know the fullness of your grace. Join our voices with theirs and all the saints in singing your praises. In your mercy, **hear our prayer.**

Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord. **Amen.**

✠ MEAL ✠

↑ SHARING THE PEACE

The peace of the Lord be with you always.
And also with you.

↓ OFFERING

↑ GREAT THANKSGIVING

Page 199

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

↑ PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

↑ HOLY, HOLY, HOLY

Page 200

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.

↑ JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

↑ LORD'S PRAYER

You are invited to pray in the version or language of your choice.

Our father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

↓ INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come! **Thanks be to God!**

↓ DISTRIBUTION

*All are welcome to receive Holy Communion. The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

↓ LAMB OF GOD

Page 201

Lamb of God, you take a-way the sin of the world; have mercy on us.
Lamb of God, you take a-way the sin of the world, have mercy on us.
Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.

↑POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ,
strengthen you and give you peace.
Amen.

↑PRAYER AFTER COMMUNION

Let us pray. Jesus, Bread of life,
**we have received from your table more than we
could ever ask. As you have nourished us in this
meal, now strengthen us to love the world with
your own life. In your name we pray. Amen.**

✠ SENDING ✠

↑BLESSING

The blessing of God, who provides for us, feeds us,
and journeys with us, ✠ be upon you now and
forever. **Amen.**

↑HYMN *Praise and Thanksgiving* #689

- 1** *Praise and thanksgiving, God, we would offer
for all things living, you have made good:
harvest of sown fields, fruits of the orchard,
hay from the mown fields, blossom and wood.*
- 2** *God, bless the labor we bring to serve you,
that with our neighbor we may be fed.
Sowing or tilling, we would work with you,
harvesting, milling for daily bread.*
- 3** *Father, providing food for your children,
by Wisdom's guiding teach us to share
one with another, so that, rejoicing
with us, all others may know your care.*
- 4** *Then will your blessing reach ev'ry people,
freely confessing your gracious hand.
Where you are reigning, no one will hunger;
your love sustaining showers the land.*

Text: Albert F. Bayly, 1901-1984, alt. Text © Oxford University Press.

↑DISMISSAL

Go in peace. You are the body of Christ.
Thanks be to God.

POSTLUDE *Holy Manna*, Theme and 4 Variations
Geoffrey Burnaford, flute, and Starr Brown, piano
Tune: W. Walker, Southern Harmony, 1835
Arr. Anne Krentz Organ
© 2023 Anne Krentz Organ

All music and liturgy used with permission under Augsburg
Fortress Sundays and Seasons Subscription SB132990 and One
License A-706480. All rights reserved.

THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 45

IMPORTANT DATES THIS WEEK:

Mon 7/29 9:30am Craft Group
Tues Bible Study on break until August
Wed Women's Bible Study on Summer break
Thurs 8/1 12:30pm Ukuleles with Ozzy

ALAMEDA EDUCATION FOUNDATION Our Special Offering for school supplies for underserved children in Alameda raised \$1,890. Thank you!!



**God's work.
Our hands.**

GOD'S WORK. OUR HANDS. PROJECT AT TRINITY Last year, Trinity's service project for God's Work. Our Hands (GWOH) Sunday was to compile kits for Lutheran World Relief (LWR). The Mission and Service Committee hoped to complete 50 kits, and thanks to so many of you, we were easily able to complete that goal and then some! This year, we will be again collecting and compiling kits for LWR with a goal to make 100 kits. We'll be collecting the following items from now until September 1st. We will gather after worship on September 8th to compile the kits together.

The list of items for kits is very specific. Please take a look at the following list and bring any items you would like to contribute to Trinity and place them in the designated area in the church entryway. We'll keep you updated with the completion of the collection of each item as they come in. Please contact Jessica or Kathy Booker with any questions.

We need 100 of each of these items:

*light weight bath-size towel- brand new- in dark colors (NO WHITE), sized from 20-40" x 52-72"

*adult size toothbrush in its original packaging (can not get a multiple pack of these unless they are individually packaged)

*sturdy comb- medium to wide-tooth so that members of all communities can utilize them, (you can donate a package of them and we will remove packaging when we compile kits)

*metal nail clippers

and 200 bath size bars of soap-in packaging (2 will go in each kit)

All items must be brand new

A THANK YOU MESSAGE FROM PASTOR NED: Dear Folks at Trinity Alameda,

What a wonderful day I had with you as we celebrated the Lutheran Ministry to Nursing Homes many years of service! It was a touching moment during worship when I was able to say farewell to the nursing home ministry and then was released from that call. Our celebration luncheon that followed was delicious (hats off to the preparers!) and all your well-wishes were so caring. I was touched to be reminded of the work I've done in my ten years at LMNH and to realize it did not go unnoticed. You appreciated it. Thank you!

Your gift of the gorgeous Maasai Stole and cross was very thoughtful and will be put to good use! Upon my return to Trinity Oakland, I was able to show it off in worship. The intricate beading created by the Maasai women is amazing. And, as if that wasn't enough, your words about my ministry to the "other" and your financial gift- both warmed my heart and gave me such hope for the future of our work together as the Church.

Thank you for your generous spirit and blessings to you in the days ahead!

In God's Love & Care, Pastor Ned

Visits from Pastor Stephanie

If you would appreciate a visit from Pastor Stephanie, she is available by phone, text or email to make an appointment. She is happy to visit with you in your home, at her office, or a location of your convenience.

Pastor's Office Hours

Mon-10:00-Noon; Tues. 9am-Noon; Thurs.-10:00-Noon

You can reach Pastor Stephanie on her cell phone at (510) 846-0883