



TRINITY LUTHERAN CHURCH

1323 Central Ave, Alameda CA (510) 522-5220
Anchored in Faith. Serving Our Neighbor. Singing God's Praise.

Mission: To be a caring and diverse community of people who know and share the love of God through Jesus Christ.

Second Sunday after Pentecost June 2, 2024

www.trinityalameda.org
Rev. Stephanie Johnson, Pastor (510) 846-0883

Deuteronomy makes clear that sabbath-keeping is meant for the welfare of all. God delivered the Israelites out of slavery, so they should observe this freedom with a day of rest. No one should work seven days a week; even slaves and foreigners should be able to rest. Yet human beings can turn even the most liberating religious practice into a life-destroying rule. Jesus does not reject sabbath-keeping, but defends its original life-enhancing meaning. Our worship and our religious way of life are to lead to restoration: the hungry being fed and the sick being healed.

WELCOME TO TRINITY LUTHERAN CHURCH. *You are invited to join with us as we seek to be God's loving community for all who enter here. You are received as a friend . . .*

- *just as you are, created by God.*
- *whatever your color, culture and customs, your age, abilities, sexual orientation or gender identity.*
- *wherever circumstances find you... in the midst of change or challenge or pain, in need of strength and hope, or in search of spiritual fullness and friendship.*
- *whether you are a new visitor or an old friend, have no church home, have doubts or do not believe, or want to follow Christ and pursue peace and justice in Christ's name.*

You are embraced as an expression of the diversity and beauty of the creation God has given us.

You are welcome here!

The presence of children is a gift to the church and a reminder that our congregation is growing. Please welcome our youngest brothers and sisters and give a smile of encouragement to their parents.

✠ THE SERVICE ✠

↓ ANNOUNCEMENTS

↓ PRELUDE

Here I Am, Lord

Daniel L. Schutte, b. 1946 © 1981 OCP Publications, Inc.

✠ GATHERING ✠

(Arrows indicate when the congregation may sit ↓ or stand ↑ as able. **Bold print** are responses spoken by the congregation.)

↑ CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, ✠ one God, the God of manna, the God of miracles, the God of mercy. **Amen.**

Drawn to Christ and seeking God's abundance, let us confess our sin.

Silence is kept for reflection.

God, our provider, **help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.**

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life. **Amen.**

↑ HYMN

What Is This Place

#524

- 1** *What is this place where we are meeting?
Only a house, the earth its floor.
Walls and a roof sheltering people,
windows for light, an open door.
Yet it becomes a body that lives
when we are gathered here,
and know our God is near.*
- 2** *Words from afar, stars that are falling,
sparks that are sown in us like seed:
names for our God, dreams, signs, and wonders
sent from the past are all we need.
We in this place remember and speak
again what we have heard:
God's free redeeming word.*

- 3** *And we accept bread at this table,
broken and shared, a living sign.
Here in this world, dying and living,
we are each other's bread and wine.
This is the place where we can receive
what we need to increase:
our justice and God's peace.*

Text: Huub Oosterhuis, b. 1933; tr. David Smith, b. 1933
Text © 1984 TEAM Publications, admin. OCP Publications, Portland, OR

↑ GREETING

The love of God poured into our hearts, the saving grace of Jesus Christ, and the abundant life of the Holy Spirit be with you all. **And also with you.**

↑ KYRIE

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In peace, let us pray to the lord.

Lord, have mercy.

*For the peace from above, and for our salvation,
let us pray to the Lord.*

Lord, have mercy.

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

For this holy house, and for all who offer their worship and praise, let us pray to the Lord.

Lord, have mercy.

*Help, save, comfort, and defend us, gracious Lord.
Amen.*

↑ HYMN OF PRAISE

Page 196-197

This is the feast of vic-to-ry for our God.

Al-le-lu-ia, al-le-lu-ia.

1. *Wor-thy is Christ, the Lamb who was slain,
whose blood set us free to be peo-ple of God.
Pow-er, rich-es, wis-dom, and strength, and hon-
or, bless-ing, and glo-ry are his. (refrain)*

2. *Sing with all the peo-ple of God, and join in
the hymn of all cre-a-tion; Bless-ing, hon-or, glo-
ry, and might be to God and the Lamb for-ev-er.
A-men.*

*This is the feast of vic-to-ry for our God, for the
Lamb who was slain has be-gun his reign.*

Al-le-lu-ia, al-le-lu-ia, al-le-lu-ia.

↑PRAYER OF THE DAY

Let us pray. Almighty and ever-living God, **throughout time you free the oppressed, heal the sick, and make whole all that you have made. Look with compassion on the world wounded by sin, and by your power restore us to wholeness of life, through Jesus Christ, our Savior and Lord. Amen.**

✠ WORD ✠

↓FIRST READING Deuteronomy 5:12-15

¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you. ¹³Six days you shall labor and do all your work. ¹⁴But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. ¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

Word of God, Word of Life. **Thanks be to God.**

↓Psalm 81:1-10

¹Sing with joy to God our strength
and raise a loud shout to the God of Jacob.
²**Raise a song and sound the timbrel,
the merry harp, and the lyre.**
³Blow the ram's horn at the new moon,
and at the full moon, the day of our feast;
⁴**for this is a statute for Israel,
a law of the God of Jacob.**
⁵God laid it as a solemn charge upon Joseph, going
out over the land of Egypt, where I heard a voice
I did not know:
⁶**"I eased your shoulder from the burden; your
hands were set free from the gravedigger's
basket.**
⁷You called on me in trouble, and I delivered you;
I answered you from the secret place of thunder
and tested you at the waters of Meribah.
⁸**Hear, O my people, and I will admonish you:
O Israel, if you would but listen to me!**
⁹There shall be no strange god among you;
you shall not worship a foreign god.
¹⁰**I am the LORD your God, who brought you out of
the land of Egypt. Open your mouth wide, and
I will fill it.**

↓SECOND READING

2 Corinthians 4:5-12

⁵We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. ⁶For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

⁷But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. ⁸We are afflicted in every way, but not crushed; perplexed, but not driven to despair; ⁹persecuted, but not forsaken; struck down, but not destroyed; ¹⁰always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. ¹¹For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. ¹²So death is at work in us, but life in you.

Word of God, Word of Life. **Thanks be to God.**

↑GOSPEL ACCLAMATION

Page 198

**Alleluia, alleluia. Alleluia, alleluia.
Lord, to whom shall we go?
You have the words of eternal life.
Alleluia, alleluia. Alleluia, alleluia.**

↑GOSPEL

Mark 2:23-3:6

The Holy Gospel according to St. Mark the 2nd chapter. **Glory to you, O Lord.**

²³One sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" ²⁵And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." ²⁷Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath."

^{3:1}Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, "Come forward." ⁴Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But

they were silent. ⁵He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

This is the Gospel of the Lord.
Praise to you, O Christ.

↓SERMON

↓CHOIR

You Are Holy

Text: Per Harling, b. 1945

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↓INSTALLATION OF COUNCIL MEMBERS

Sherri Bangert
Anita Burnaford
Ken Gutleben
Mary James
Marvera Kline
Demeter Lamb
Kristin Moeller
Matt Montoya
Margie Sherratt
Ray Wentz

↑APOSTLES' CREED

p. 105

Let us profess our faith in the words of the Apostles' Creed.

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried;

he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

↑PRAYERS OF INTERCESSION

(The congregation is encouraged to take the position which is most prayerful to you.)

You may choose to sit or stand as you are comfortable.

We come before the triune God to pray for our communities, ourselves, and our world.

A brief silence.

Guide your church to expressions of faith that bring rest and release. Teach your faithful people to be attentive to the spiritual, physical, and societal weariness of our neighbors, that we proclaim your grace through tangible acts of mercy and justice. Merciful God, **receive our prayer.**

Keep us mindful of the rhythms of nature as the days lengthen and the seasons shift toward summer. Grant relief to areas facing flooding or drought and bring favorable weather for the flourishing of crops, gardens, and orchards. Merciful God, **receive our prayer.**

Where there is affliction in our world, bring healing. Where world leaders are perplexed, bring clarity of vision. Give a spirit of discernment to political advisors, institutional researchers, economic analysts, and all vocations that inform the work of governments and policymakers. Merciful God, **receive our prayer.**

Provide wholeness and respite to all who are weary: those who struggle in any way and those who care for them. Today we pray especially for *Betty Ann Haskins, Matt Fleischman, Ginny Parsons, Lou and Stevie O'Connell, JoAnn Lee, Eva Fields, Ryan Simpson, Elizabeth Madaras, RuthAnne Ladue, Jerry Stich, Sister Pat Nagle, Bernadette Hunsaker, Peter Dow, Jane McDermott, Mary Goglio, Wes & Marla Anderson, Constance Farber, Alan Petersen, Annalise Simmons, Helen Pedersen, Ann Kenyon, Tricia, Pam Clisham, Deanna Madarasz, Craig Anderson, Pastor Craig, Jackson Bohm, Nancy Stich, Patricia Runo, Michael Rasmussen, Gail Cromack, Kate Ganschow, Michael Lamb, Maddy Pearce, Christine Winberg and Dorothy Wingire.* Strengthen first responders and health care workers in their times of exhaustion or frustration. Merciful God, **receive our prayer.**

We pray for the ministries of your Word, for Trinity Church Council, the Strategic Exploration Team, the priesthood of all believers, First Baptist Church in Alameda, the Lutheran Church of Kagitumba in Rwanda and our Sunday School. Merciful God, **receive our prayer.**

Stir our hearts toward abundant generosity among neighbors who experience hunger and food insecurity. Bless feeding ministries and community

food efforts, especially community gardens, farmers markets, food pantries and Little Free Pantries. Open both our hearts and our tables. Merciful God, **receive our prayer.**

At this time, you are invited to pray the prayers of your heart, either silently or aloud.

A moment is offered for prayers from the congregation

We remember the communion of saints whose lives made visible the saving life of Jesus Christ. Guide us by their example to embody the treasure of your love for the sake of our world, until we come to our final rest in you. Merciful God, **receive our prayer.**

Receive our prayers, O God, and come quickly to our aid, through the power of the Spirit and the love of Jesus Christ. **Amen.**

✠ MEAL ✠

↑ SHARING THE PEACE

The peace of the Lord be with you always.
And also with you.

↓ OFFERING

↑ GREAT THANKSGIVING Page 199

The Lord be with you. **And also with you.**
Lift up your hearts. **We lift them to the Lord.**
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

↑ PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

↑ HOLY, HOLY, HOLY Page 200

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest, Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest, Hosanna in the highest.

↑ JESUS' WORDS OF INSTITUTION OF THE LORD'S SUPPER

↑ LORD'S PRAYER

You are invited to pray in the version or language of your choice.

Our father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

↓ INVITATION TO COMMUNION

Christ has set the table with more than enough for all. Come! **Thanks be to God!**

↓ DISTRIBUTION

*All are welcome to receive Holy Communion. The cup we serve is non-alcoholic. **Gluten-free wafers are offered for those who have need. Please indicate your need to the pastor as you approach to receive the host.** If you do not wish to take communion you may come forward for a blessing or remain seated.*

↓ LAMB OF GOD

Page 201

Lamb of God, you take a-way the sin of the world; have mercy on us.
Lamb of God, you take a-way the sin of the world, have mercy on us.
Lamb of God, you take a-way the sin of the world; grant us peace, grant us peace.

↑ POST COMMUNION BLESSING

May the body and blood of our Lord, Jesus Christ, strengthen you and give you peace.
Amen.

↑ PRAYER AFTER COMMUNION

Let us pray. Jesus, Bread of life, **we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world with your own life. In your name we pray. Amen.**

✠ SENDING ✠

↑BLESSING

The blessing of God, who provides for us, feeds us, and journeys with us, ✠ be upon you now and forever. **Amen.**

↑HYMN *Neither Death nor Life* #622 vs. 1, 2, & 5

Refrain

*Neither death, nor life, nor angels, nor rulers,
nor trials in the present, nor any trial to come,
neither height, nor depth, nor all of creation
can ever separate us from the love of God
poured out in Christ Jesus, our Lord.*

1 *Dwell in the one who raised Christ from the
dead;
though your body shall die, in Christ you shall
rise
through the Spirit who brings you to life.
Refrain*

2 *All who are led by the Spirit shall live
as children of God, and heirs with Christ Jesus,
God's adopted and chosen and loved. Refrain*

5 *Who can separate us from the love of Christ?
Will hardship or distress, persecution or famine,
or nakedness or peril or sword? Refrain*

Text: Marty Haugen, b. 1950, based on Romans 8
Text © 2001 GIA Publications, Inc., Chicago, IL

↑DISMISSAL

Go in peace. You are the body of Christ.
Thanks be to God.

POSTLUDE *Sonata, Longo 58*

Domenico Scarlatti, 1685-1757
(born the same year as J. S. Bach and G. F. Handel)

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THIS WEEK'S ANNOUNCEMENTS AT TRINITY

ATTENDANCE LAST SUNDAY: 43

IMPORTANT DATES THIS WEEK:

Mon 6/3 9:30am Craft Group
Tues 6/4 7:30am Bible Study (meets on Zoom)
Wed 6/5 *Women's Bible Study on Summer break*
Thurs 6/6 12:30pm Ukuleles with Ozzy's Music Academy (fellowship hall)
 7:30pm Mission and Service Committee meeting (fellowship hall)
Fri 6/7-Sun 6/9 Synod Assembly in Fresno

SUNDAY MORNING BIBLE STUDY Join Pastor Stephanie on Sunday mornings in the meeting room by Pastor's office at 8:00am for bible study. The study will allow those who wish to sing in the choir to still be able to join this study and also make it to pop-up practice at 8:45, though final thoughts/fellowship will continue until 9:00am. Our series beginning on May 5th will look at passages that discuss the how, when, and why of prayer. All are welcome! No previous experience or prior participation necessary! We have bibles, but you may want to bring your favorite from home.

STRATEGIC SPIRITUAL JOURNEY On Sunday, June 23, from 11:00 a.m. to 2:00 p.m., following the church service we plan to have our first Strategic Spiritual Journey session. A small lunch will be provided by the SET. During this meeting, we will divide into groups of 4 for a time of conversation, directed by the Strategic Exploration Team (SET). If you missed the opportunity to sign-up to participate on this date, you are still very welcome to attend- and we really need your voice and your thoughts. Please contact Jessica if you would like to attend so that we can be sure to have enough food.

INDIVIDUAL AUDIT FORMS ARE DUE TODAY. Your voice is very important to the SET. Please grab a copy of the audit in the church entryway if you haven't already and return. Thank you!

Visits from Pastor Stephanie

If you would appreciate a visit from Pastor Stephanie, she is available by phone, text or email to make an appointment. She is happy to visit with you in your home, at her office, or a location of your convenience.

Pastor's Office Hours

Mon-10:00-Noon; Tues. 9am-Noon; Thurs.-10:00-Noon

You can reach Pastor Stephanie on her cell phone at (510) 846-0883