

TRINITY BUILDER

September 2019

Trinity Lutheran Church, Alameda, CA

REST AND RE-CREATION

Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest.

Matthew 11:28

We begin September in observance of Labor Day. It is a day when offices are closed and many people celebrate one final weekend of Summer. Despite the name, Labor Day isn't a day to do extra work. In fact, it is a day that was established to celebrate American workers by giving them rest.

As Christians, it is an opportunity for us to reflect on God's command to rest. It is easy to wrap ourselves up in how many things we have left to get done at the end of the day or the end of a week, but even God rested. Genesis reminds us that God created for six days and on the seventh day God rested. We were not created for endless work. God created us with spirits of playfulness, curiosity, and appreciation for the beauty of God's Creation. We are offered the opportunity to embrace these things freely and without any guilt through God's command of rest.

We were built with a natural rhythm of work and rest. We get to begin this month on the right foot, observing the Sabbath on September 1st during Labor Day Weekend. But this isn't a once a year observance – commit yourself to weekly rest. Your mind, body, and spirit will thank you for it!

Blessings,
Pastor Stephanie



Mark your calendars for the Annual LMNH (Nursing Home) Spaghetti Dinner and Silent Auction on Friday, September 27th at 6:30pm.

We need Auction items! If you are interested in donating to the Silent Auction, please connect with Jessica in the office.

Opportunities to help with the Dinner (set-up team, serving team, clean-up team) are coming! If you can spare an hour or two of your time to help us make this the successful event that it is, we'd love to have you!

Please watch for details in the coming weeks.

TRINITY SENIORS RETURNS!

Our Trinity Seniors Program and Lunch returns on Thursday, September 12! Programming begins at 10am. Lunch served at noon. Bring your friends!



SUNDAY FUNDAY IS BACK!

Ms. Mary is excited to welcome our kids back to Sunday Funday on Sunday mornings at 9:30am! Spread the word!

Bring your kids! Bring your grandkids! Bring your friends!



SUPPORT THE SYNOD DELEGATION TO RWANDA!

Plans are being made for a group of twenty people from the Sierra Pacific Synod to make a pilgrimage to Rwanda. We will be celebrating the 25th Anniversary of the Lutheran Church in Rwanda, participating in the blessing of a cornerstone for an LCR seminary, visiting with a diverse group of church and community leaders, and engaging in cultural immersion activities.

You're invited to support the Rwanda Delegation in these ways:

1. Pray for the faithful people we are going to accompany and meet. And pray for us as we prepare to travel and as we make our pilgrimage.
2. Learn about the Lutheran Church in Rwanda.
3. Make a gift to support the delegation and the seminary in Rwanda.

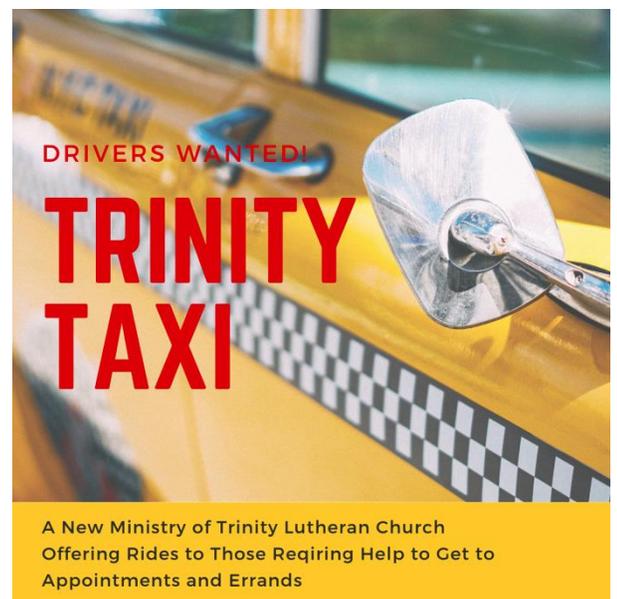
We have set a fundraising goal of \$25,000 which will help cover the costs of the delegation, provide financial sponsorship to include young adult delegates, and be an offering to the Lutheran Church in Rwanda for their ministries including the building of a seminary. You can make a gift by mailing a check to: University Lutheran Chapel, 2425 College Avenue, Berkeley, CA 94704. Please write "SPS Rwanda Delegation" in the memo line.

Thank you for supporting the Rwanda Delegation and Lutheran Church in Rwanda!

Sara Wilson and Savanna Sullivan
Planning Team Co-Leaders

DRIVERS WANTED!

Do you drive? Do you like people?
Would you like to help people? Great! Several of our members could use some help getting to doctors appointments and running errands now and then. To help out, Pastor Stephanie is compiling a list of people who have some availability to help out. Please contact Pastor Stephanie with your name, the day(s) of the week you are most often available and a time of day that generally works (i.e. Monday afternoons and Thursday mornings). Thanks!



GOD'S WORK. OUR HANDS.

September 7th will be God's Work. Our Hands. Saturday here at Trinity! Join us Saturday, September 7th from 10am to 12noon at Trinity for a couple of service projects. We will fill more Homeless Survival Bags so we can continue to distribute toiletries, snacks, and other helpful items to those in need and we will be working on quilts to support Lutheran World Relief. Please sign up in the Narthex.

If you are interested in working on quilts for LWR, we need a couple of sewing machines, scissors, rotary cutters and cutting mats. Fabric donations are welcome. See Kathy Booker for any questions. You can also call her at 510-522-7879 or email at kbooker817@comcast.net.

God's work. Our hands.



Evangelical Lutheran Church in America
God's work. Our hands.

EBLP
RALLY DAY

SUNDAY SEPTEMBER 8TH 2PM-5PM

Come together to celebrate and strengthen our shared EBLP ministries.

Participate in God's Work / Our Hands in a whole new way!
Have fun, build community, celebrate
FOOD, MUSIC, GAMES AND MORE
There will be on-site multi-congregation service projects to participate in

United Lutheran Church of Oakland
8800 Fontaine Street Oakland CA 94605

RSVP
@ EVENTBRITE

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EBLP RALLY DAY BBQ

On **Sunday, September 8th from 2 - 5 pm** we will gather with our sister churches in the East Bay. United Lutheran has volunteered to host the gathering at their beautiful campus, with views, lawn, and parking for all.

The theme is "EBLP Rally Day", and we will come together to celebrate and strengthen our shared EBLP ministries, including our Youth Parish (Pastor Craig), Nursing Homes (Pastor Ned) and Giving is Receiving. There will also be showcase space for other ministries to share their stories and lift up their volunteers.

Importantly, this is NOT a fundraiser or a sign-up event. The organizers just want to raise awareness and build friendships across our churches.

However, there WILL be on-site multi-congregation service projects to participate in. These will include advocacy letter writing and park clean up next door to United. We are hoping for a few more projects so we can really embody the God's Work / Our Hands ethic.

Food, drinks, games for kids, and music will be provided. No speeches or sermons. This is a

celebration of our service to the East Bay community, and we really hope you will join! Please let Jessica know if you are planning to attend!

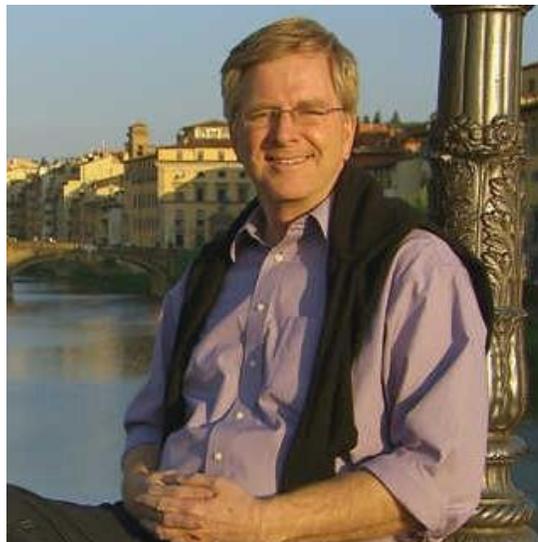
Rick Steves is Coming to Palo Alto

Mark your calendars....reserve your tickets!

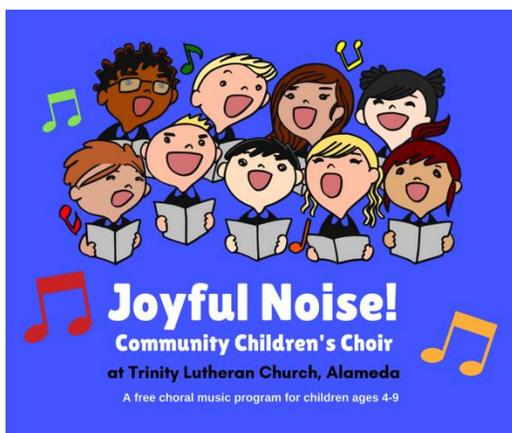
Bright Stars of Bethlehem chapters throughout the United States will celebrate 15 years as a recognized charity. Northern Californians will celebrate at Grace Lutheran Church in Palo Alto on Sunday afternoon, September 22nd from 2-5 pm with Rick Steves - travel writer, author, activist and television personality giving the keynote address.

Funds raised will directly support the work of Bright Stars of Bethlehem and its initiatives through Dar al-Kalima University, College of Arts and Culture in Bethlehem. Tickets are \$50 each. The afternoon celebration includes wine and appetizer buffet, silent and live auction, and musical performances by Georges Lammam and Gabriel Navia.

Any questions: contact the church office of Grace Lutheran Church at 650-494-1212.



MEET AND GREET FOR TRINITY MUSICIANS



Ondine Young is hosting Meet and Greet times with our Trinity musical ensembles on Wednesday, September 4th during regular rehearsal times. Come for a chance to help Ondine get acquainted with our choirs and for some fellowship with one another! Please bring a nut-free snack to share. (Ondine and her children have severe peanut and tree nut allergies, so please take care to be considerate.)

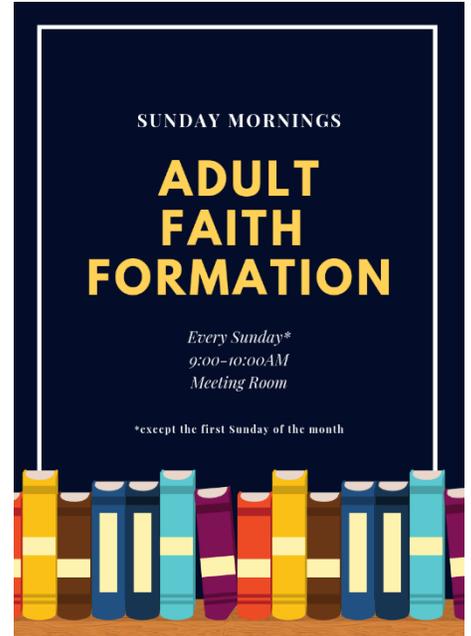
Joyful Noise! 4:00pm – 5:00pm
 Bell Choir 6:15pm – 7:15pm
 Adult Choir 7:30pm – 9:00pm

EDUCATION OPPORTUNITIES

You are invited to participate in one of our engaging Adult Christian Education opportunities at Trinity. Currently there are three offered. All three presently meet in the Meeting Room.

Sunday Mornings from 9:00am – 10:00am

Pastor Stephanie leads a discussion that forms our faith and deepens our understanding of scripture, tradition, and vocation. In September we are discussing how the Lutheran service order came to be and the purpose of each element in the service. We meet every Sunday except the first Sunday of the month.



Tuesday Mornings from 7:15am – 8:30am

This group of early risers meets to reflect and share wisdom as they study the coming Sunday's lectionary readings.

Wednesday Morning Women's Bible Study From 10:00am-11:00am

Our weekly women's Bible Study resumes Wednesday, September 4th. We are reading through the Gospel of Mark.





NOTES FROM AUGUST COUNCIL MEETING

A summary of the August Council Meeting will be available in the coming weeks.

FOOD BANK SUNDAY

Remember Food Bank Sunday on **September 8**. There is a barrel in the fellowship hall or narthex in which to put your non-perishable food donations. Please continue to support the Alameda Food Bank with food or monetary donations.



What so ever you do to the least of my brothers, that you do unto me.

SECOND MILE GIVING FOR AUGUST

ELCA Disaster Response

During the month of September our Second Mile offerings will be donated to ELCA Disaster Response.

Lutheran Disaster Response brings God's hope, healing and renewal to people whose lives have been disrupted by disasters in the United States and around the world. When the dust settles and the headlines change, we stay to provide ongoing assistance to those in need.

Please keep responders in your prayers this month and consider an additional offering toward their ministries. The Sierra Pacific Synod is blessed to accompany this organization in mutual ministry as we proclaim God's creative, redeeming and sanctifying love in our synod.



SEPTEMBER BIRTHDAYS

September 5 Sherri Bangert
September 7 Dan Norboe
September 9 Christine Winberg
September 11 Meg Brogan
September 10 Starr Brown



September 14 Jessica Fleischman
September 21 Aiden Lamb
September 23 Cindy Mills
September 28 Ray Wentz



Trinity Builder is a monthly publication of
Trinity Lutheran Church
1323 Central Avenue, Alameda, CA 94501
510-522-5220

Pastor: Rev. Stephanie Johnson
Nursing Home Ministry Pastor: Rev. Ned O'Donnell
Youth Pastor: Rev. Craig Minich
Council President: Mike Luque
Organist/pianist: Starr Brown
Director of Music Ministry: Dr. Ondine Young
Custodian: Martin Kelly
Groundskeeper: Martin Kelly
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Builder editor: Marilyn Ohm-Smith

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Recording Secretary: Jessica Fleischman
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Ken Gutleben-22
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Elizabeth Madaras-20 (EBLP, Fellowship, Finance)
Henry Mills-20
Margie Sherratt-20
Mary Kay Wentz-22 (Trinity Seniors, Visual Enrichment)
Ray Wentz-20